

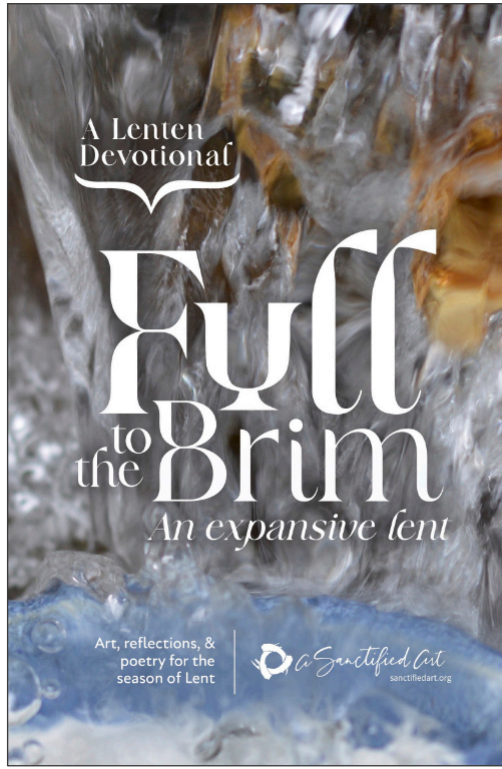
# LENTEN DEVOTION

Starting March 2

The origins of Lent were that one was to leave their old life behind to fast and prepare to be baptized into a new way of living. In essence, this was a practice of stepping away from corrupt power, scarcity mentality, and empty rituals in order to live a more expansive and full life of faith. And so, our Lenten theme, *Full to the Brim*, is an invitation—into a radically different Lent, into a full life. It's an invitation to be authentically who you are, to counter scarcity and injustice at every turn, to pour out even more grace wherever it is needed. When we allow ourselves to be filled to the brim with God's lavish love, that love spills over. It reaches beyond ourselves; like water, it rushes and flows, touching everything in its path.

The scriptures for this Lenten season (in the Revised Common Lectionary, Year C) are filled with parables and promises of God's abundant and expansive grace. Jesus as a mother hen, a prodigal son welcomed home, a fig tree nurtured with care and hope, precious oil poured out lovingly and freely, stones shouting out with praise—these sacred texts are brimming with a gospel of grace. We've done nothing to deserve or earn this grace, and yet, like water, it spills over.

*Full to the Brim* reminds us to live fully—as we pursue justice and hope, or express grief and gratitude. If love is our beginning, how can we live our lives led by love's promises? And so, this Lent, let us trust—fully—that we belong to God. Let us increase our capacity to receive and give grace. Let us discover the expansive life God dreams for us.



## ANNOUNCEMENTS

### COVID UPDATE

We're updating our COVID precautions to reflect how our local schools are moving forward. Masks will be welcome, but optional for worship. If for any reason you do not feel comfortable with the above precautions, know that you are still invited to join us for worship at [1stlu.org/live](http://1stlu.org/live). We live stream all indoor services.

### MONDAY NIGHT COMMUNITY MEALS

For many years, Trinity Lutheran Church on the northside of La Crosse has hosted a meal on Monday nights. Needs: people to plan and prepare the meal to feed 60-80 people, and folks to serve the meal (5-6pm) and help with cleanup. Many times people prepare the main course a week ahead and freeze it, and reheat it. Food for the meal can be gotten at no charge from the Hunger Task Force in La Crosse. **NEXT DATE: Mar. 14.** You can sign up at [1stlu.org/monmeals](http://1stlu.org/monmeals), or contact [bridget@firstlu.org](mailto:bridget@firstlu.org)

### YOUR ESTATE • YOUR LEGACY

**Thursday, March 24, in Fellowship Hall.** Sponsored by the Foundation Fund Committee, this special event will focus on thoughtful estate planning and giving. Cindy Halverson, our Regional Gift Planner from the ELCA Foundation, will lead the presentation and discussion on how each of us can make informed decisions that will bless our loved ones and our church. Joining her will be a local financial planner and estate lawyer. If you are considering an estate plan, reviewing/updating a plan, or would simply like to know more about thoughtful estate planning that will consider your heirs and your church, this session is important for you! Dinner will be served. We encourage you to join us on the evening of March 24. It will be worth your time.

### BIBLE READINGS

Bible readings for Mar. and Apr. can be found online at [1stlu.org/readings](http://1stlu.org/readings).

**FAITH ALIVE! U**

*First offers courses for all ages to explore, question and learn about your faith.*

## Community United To Support Families

**Sunday, Mar. 6, Noon in the sanctuary**

*By Tracy Trussoni (Development Director of Safe Families for Children), Jason Witt (Executive Director of La Crosse County Social Services), Dianne Range and Kelli Hanson (Family and Children Center)*

Hear what support is needed for families with children in our area, in the short and long term.

*Light lunch beforehand, childcare provided during. For confirmation students, high schoolers and all adults.*

*Also coming up...*

## Who Are the Hungry?

**Sunday, Apr. 3, Noon in the sanctuary**

**SING!** The next performance will be for Palm Sunday, and rehearsals start up fresh on **Wednesday, Mar. 23, at 7pm in the sanctuary.** Open to all people ages 12 and up. No audition and no formal training required, just a desire to enhance worship through the beauty of music! *Full schedule and sign up at [1stlu.org/choir](http://1stlu.org/choir). For more info contact Todd Saner at [todd@firstlu.org](mailto:todd@firstlu.org).*

410 Main Street  
Onalaska, WI 54650  
608.783.2236  
[www.FirstLutheranOnalaska.org](http://www.FirstLutheranOnalaska.org)

**WORSHIP SCHEDULE**  
Sundays 8am & 10:30am  
Wednesdays 6:15pm  
Live streaming at [1stlu.org/live](http://1stlu.org/live)

Scan to download this newsletter to your smart phone or tablet

Go green! Scan to subscribe to the newsletter online



**FIRST LUTHERAN**


To stop delivery: email [andy@firstlu.org](mailto:andy@firstlu.org) or call office at 608.783.2236

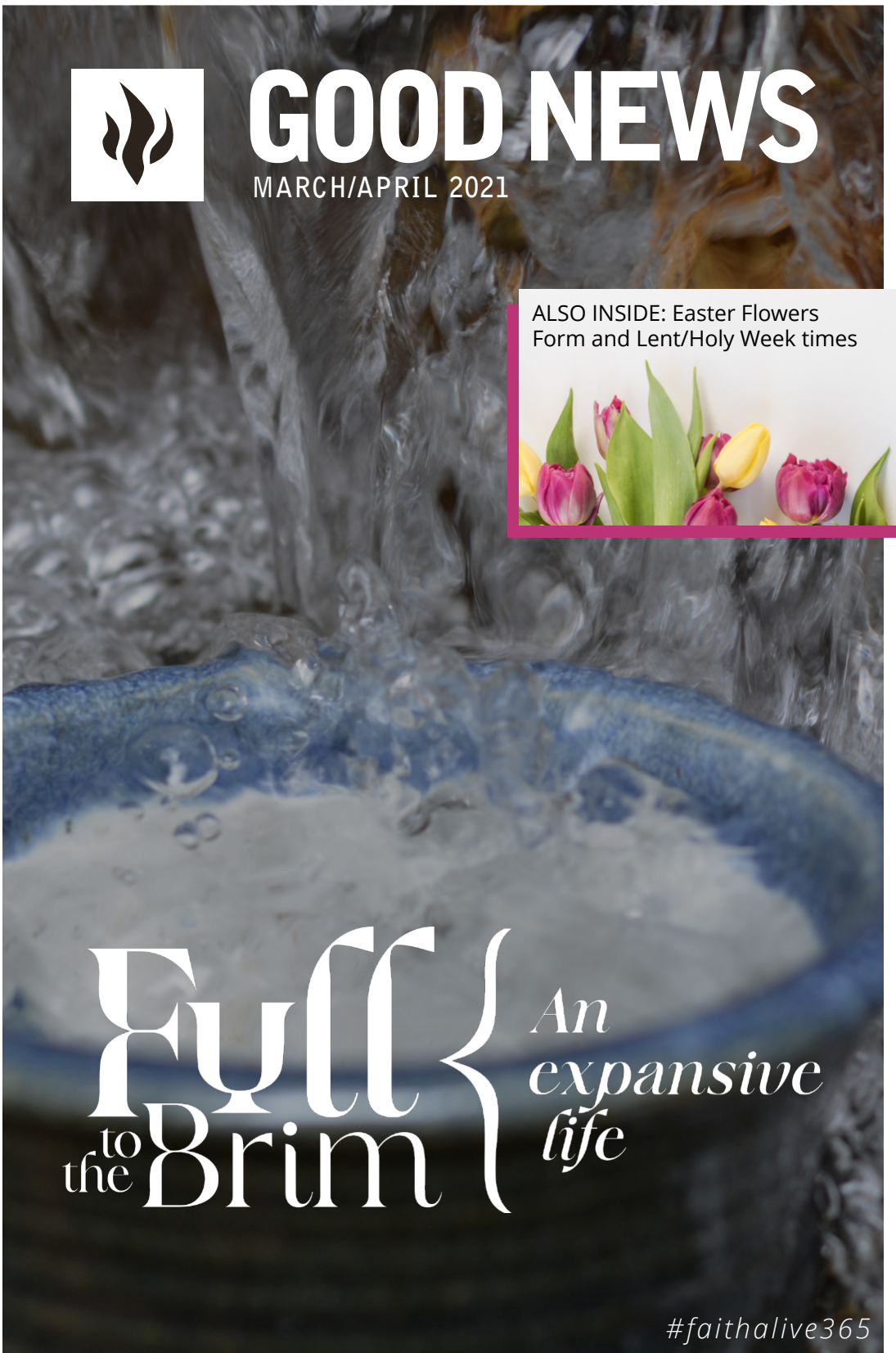
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**GOOD NEWS**  
MARCH/APRIL 2021

ALSO INSIDE: Easter Flowers Form and Lent/Holy Week times



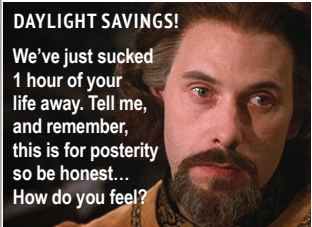










**Full to the Brim** } *An expansive life*

#faithalive365

# MARCH AT FIRST LUTHERAN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>FEBRUARY</b></p> <p>1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28</p>	<p><b>MAY</b></p> <p>1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</p>	<p>1</p> <p>9a Quilters - FS 11a Joyce Olson Funeral 1:30p Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH</p>	<p>2</p> <p>Ash Wednesday No Confirmation Small Groups 11:30a Light Lunch 12:15p Ash Wed Worship 6:15p Ash Wed Worship</p>	<p>3</p> <p>7p Women of the House</p>	<p>4</p> <p>7p AA - FH</p>	<p>5</p>
<p>6</p> <p>Gr 4 FBB: Apostle's Creed, lifted up in worship 9:15a Gr 6 &amp; 7 Confirmation Classes - FS 9:15a Kindergarten FBB: Lord's Prayer - FH 9:15a Parent Share - UR 9:15a Sunday School 12p Faith Alive! U: Community United To Support Families - SN 7p Peer Ministry - MR</p> <p> </p>	<p>7</p> <p>7p AA - FS 7p Bible Matters - NX</p>	<p>8</p> <p>9a Quilters - FS 10:30a Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH 7p Stephen Ministry - FS</p>	<p>9</p> <p>10a Ona Terrace Worship 12p Finance Team Mtg 6:15p Confirmation Class - FS 6:45p Peer Min Alum - House</p>	<p>10</p> <p>9:30a Sunshine Team 7p Women of the House</p>	<p>11</p> <p>7p AA - FS</p>	<p>12</p> <p>9:30a Drawing from the Well - NX</p> <p><b>DAYLIGHT SAVINGS!</b> We've just sucked 1 hour of your life away. Tell me, and remember, this is for posterity so be honest... How do you feel?</p> 
<p>13</p> <p>9:15a Gr 6 &amp; 7 Confirmation Classes - FS 9:15a Kindergarten FBB: Lord's Prayer - FH 9:15a Parent Share - UR 9:15a Sunday School 7p Peer Ministry - MR</p>	<p>14</p> <p>3:30p Monday Meal at Trinity 7p AA - FS 7p Bible Matters - NX</p>	<p>15</p> <p>9a Quilters - FS 10:30a Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH 5:15p Personnel Team Mtg 6:30p Property Management Team Mtg 7p Vision &amp; Leadership Team Mtg</p>	<p>16</p> <p>10a Ona Terrace Worship 12p OWLs Potluck 6:15p Confirmation Class - FS 7p Hospitality Leadership Team Meeting</p> 	<p>17</p> <p>7p Women of the House</p> <p> <b>PRESCHOOL OPEN HOUSE</b> 4:30p Come meet the teachers, tour the classrooms and get registration information.</p>	<p>18</p> <p>7p AA - FS</p>	<p>19</p>
<p>20</p> <p>Foundation Sunday 9:15a Gr 6 &amp; 7 Confirmation Classes - FS 9:15a Kindergarten FBB: Lord's Prayer - FH 9:15a Parent Share - UR 9:15a Sunday School 6p Graduation Milestone Recognition Dinner - FH 7p Peer Ministry - MR</p> <p></p>	<p>21</p> <p>1p Elizabeth Circle 7p AA - FS 7p Bible Matters - NX</p> <p> <b>PRESCHOOL REGISTRATION</b> 9:30a Registration opens to church members. Stop in or call 608.779.4504</p>	<p>22</p> <p>9a Quilters - FS 10:30a Staff Meeting 11a Evelyn Pertzsch Funeral 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH 7p Stephen Ministry - FS</p>	<p>23</p> <p>6:15p Confirmation Class - FS 6:45p Peer Min Alum - House 7p Choir Practice - SN</p> <p><b>SING!</b> Rehearsals start up fresh Mar. 23, 7pm in the sanctuary for Palm Sun &amp; Easter. Open to all people ages 12 &amp; up. No audition &amp; no formal training required. Full schedule &amp; sign up at 1stlu.org/choir. For more info contact Todd Saner at todd@firstlu.org.</p>	<p>24</p> <p>Estate Planning Dinner 7p Women of the House</p> <p></p>	<p>25</p> <p>Sugar Creek Middle School Retreat 4:45p Parent's Night Out [TNT] - FH 7p AA - FS</p> <p> Info &amp; reg: <a href="http://www.sgrcreek.org">www.sgrcreek.org</a></p>	<p>26</p>
<p>27</p> <p>Sugar Creek Middle School Retreat Kindergarten FBB: Lord's Prayer, lifted up in wo... 9:15a Gr 5 FBB: Communion - FH 9:15a Gr 6 &amp; 7 Confirmation Classes - FS 9:15a Parent Share - UR 9:15a Sunday School 7p Peer Ministry - MR</p>	<p>28</p> <p>7p AA - FS 7p Bible Matters - NX</p>	<p>29</p> <p>9a Quilters - FS 10:30a Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH</p>	<p>30</p> <p>6:15p Confirmation Class - FS 7p Choir Practice - SN</p>	<p>31</p> <p>7p Women of the House</p>	<p><b>CALENDAR KEY</b></p> <p>CR = Choir Room FBB = Faith Building Block FH = Fellowship Hall FS = Fireside Room LG = Lounge</p> <p>MR = Mary Room NX = Narthex SN = Sanctuary TR = Thomas Room UR = Upper Room</p>	

# APRIL AT FIRST LUTHERAN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<p><i>Sunday Worship</i> 8am &amp; 10:30am</p>	<p> <b>COURAGE CONVERSATIONS</b> Waking Up White Synod Read during Lent Sundays: Mar. 6, 13, 20, 27 &amp; Apr. 3 6-7pm, via Zoom More info: <a href="http://1stlu.org/wakeup">1stlu.org/wakeup</a></p>	<p><i>Wednesday Reoccurring Events</i></p> <p>6a Courageous Men - FS 6:30a Coffee w/ Pastor Karyn 6:15p In-Person Worship 7p Confirmation Small Groups</p>	<p>Deadline for Mabel Anderson Scholarship Friday, April 1 • Apply online: <a href="http://1stlu.org/scholarship">1stlu.org/scholarship</a></p> 	<p>1</p> <p>Mabel Anderson Scholarship Deadline 7p AA - FH</p>	<p>2</p> <p>10a Baptismal Preparation - NX</p>	<p>3</p> <p>9:15a Gr 5 FBB: Communion - FH 9:15a Gr 6 &amp; 7 Confirmation Classes - FS 9:15a Parent Share - UR 9:15a Sunday School 12p Faith Alive! U: Who Are the Hungry? 7p Peer Ministry - MR</p> <p></p>	<p>4</p> <p>Sugar Crk Yesterday's Youth 7p AA - FS 7p Bible Matters - NX</p> <p> Info &amp; reg: <a href="http://www.sgrcreek.org">www.sgrcreek.org</a></p>	<p>5</p> <p>9a Quilters - FS 10:30a Staff Meeting 1:30p Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH</p>	<p>6</p> <p>6:15p Confirmation Class - FS 7p Choir Practice - SN</p>	<p>7</p> <p>9:30a Sunshine Team 7p Women of the House</p>	<p>8</p> <p>7p AA - FS</p>	<p>9</p> <p>9:30a Drawing from the Well - NX</p>
<p>10</p> <p>No Sunday School nor Confirmation Palm Sunday 7p Peer Ministry - MR</p>	<p>11</p> <p>6:15p Holy Week Worship 7p AA - FS</p>	<p>12</p> <p>9a Quilters - FS 10:30a Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH 6:15p Holy Week Worship</p>	<p>13</p> <p>10a Ona Terrace Worship 12p Finance Team Mtg 4p Gr 5 FBB: Communion (bread baking, child only) - FH 6:15p Holy Week Worship 6:45p Peer Min Alum - House 7:15p Choir Practice - SN</p>	<p>14</p> <p>Gr 5 FBB: Communion, lifted up in worship Maundy Thursday 12:15p Maundy Thur Worship 6:15p Maundy Thur Worship 7p Women of the House</p>	<p>15</p> <p>Deadline for May Newsletter Good Friday 12:15p Good Fri Worship 6:15p Good Fri Worship 7p AA - FS</p> <p> Info &amp; reg: <a href="http://www.sgrcreek.org">www.sgrcreek.org</a></p>	<p>16</p> <p>Sugar Crk Egg Hunt &amp; Brunch 5:30p Sacred Storytelling Worship</p>						
<p><b>MAKE HOLY WEEK SPECIAL: Assist with Holy Week worship! • Read, usher, lead projection... sign up at <a href="http://1stlu.org/assistHW">1stlu.org/assistHW</a></b></p>												
<p>17</p> <p>Easter Sunday No Sunday School nor Confirmation 6:30a Easter Sunrise Worship Outdoors 8a Easter Worship 9:45a Easter Worship</p> 	<p>18</p> <p>Office Closed (Easter Monday) 1p Elizabeth Circle 7p AA - FS</p>	<p>19</p> <p>9a Quilters - FS 10:30a Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH 5:15p Personnel Team Mtg 7p Vision &amp; Leadership Team Mtg</p>	<p>20</p> <p>Recognize Graduates in Worship 10a Ona Terrace Worship 12p OWLs Potluck 6:15p Confirmation Class - FS</p> 	<p>21</p> <p>Deadline for Chicken Dinner Tickets (4pm) 7p Women of the House</p>	<p>22</p> <p>4:45p Parent's Night Out [TNT] - FH 7p AA - FS</p>	<p>23</p>						
<p>24</p> <p>Recognize Graduates in Worship 9:15a 4K FBB: The Keys - FH 9:15a Gr 6 &amp; 7 Confirmation Classes - FS 9:15a Parent Share - UR 9:15a Sunday School 7p Peer Ministry - MR</p>	<p>25</p> <p>7p AA - FS 7p Bible Matters - NX</p>	<p>26</p> <p>9a Quilters - FS 10:30a Staff Meeting 3:30p Knitters &amp; Crocheters - UR 5p Bells Practice - FH 7p Stephen Ministry - FS</p>	<p>27</p> <p>6:15p Confirmation Class - FS 6:45p Peer Min Alum - House</p>	<p>28</p> <p>10a Assemble Full Newsletter - NX 11a Chicken Dinner Fundraiser 7p Women of the House</p> <p></p>	<p>29</p> <p>7p AA - FS</p>	<p>30</p> <p>Sugar Crk Elem Retreat</p> <p> Info &amp; reg: <a href="http://www.sgrcreek.org">www.sgrcreek.org</a></p>						