LENT SCHEDULE

- Ash Wednesday, Feb. 14, light lunch at 11:30am, worship at 12:15pm & 6:15pm, all with imposition of ashes. No Gr 8 & 9 small groups.
- Most Wednesdays, Feb. 21–Mar. 20,
 Holden Evening Prayer worship at 6:15pm,
- Jazz Worship, Wednesday, Feb. 28,
 A special jazz service, led by Jon Ailabouni, at 6:15pm,
- Choir Rehearsal for Palm Sunday starts Wed., Mar. 13.
 Sign up at 1stlu.org/choir,

HOLY WEEK WORSHIP

- Palm Sunday, Mar. 24, worship at 8:00am & 10:30am.
 Palm Sunday breakfast between services.
 No Sunday School nor Confirmation classes.
- Monday, Mar. 25, worship at 6:15pm.
- Tuesday, Mar. 26, worship at 6:15pm.
- Wednesday, Mar. 27,
 Gr. 5 Faith Building Block, bread baking, 4pm.
 Worship at 6:15pm.
- Maundy Thursday, Mar. 28, worship at 12:15pm & 6:15pm.
 Gr. 5 Faith Building Block lifted up at 6:15pm worship.
- Good Friday, Mar. 29, worship at 12:15pm & 6:15pm.
- Faith Story Dinner Theater, Mar. 30, at 5:30pm.
- Easter Sunday, Mar. 31,
 worship at 7am, 8:45am, and 10:30am.
 No Sunday School nor Confirmation on Easter Sunday.

The office will be closed at noon on Friday, Mar. 29, and all day Monday, Apr. 1.

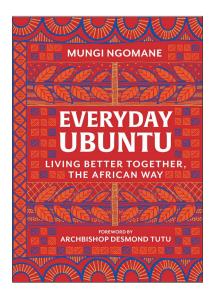


LENTEN DEVOTION

Starting Feb. 14

We Build Community is one of the values we hold at First as we seek to live out Faith Alive! This year's Lenten book will help us fully live into this value and our calling to love our neighbors. *Everyday Ubuntu* will help us make sense of the world and our place in it.

"Ubuntu is a Xhosa word originating from a South African philosophy that encapsulates all our aspirations about how to live life well, together. It is the belief in a universal human bond: I am



only because you are. And it means that if you are able to see everyone as fully human, connected to you by their humanity, you will never be able to treat others as disposable or without worth. By embracing the philosophy of Ubuntu and living it out in daily life it's possible to overcome division and be stronger together in a world where the wise build bridges, not walls."

We will explore topics such as: kindness, forgiveness, tolerance, perspective taking, dignity, hope, connection and the power of listening. You can expect practical applications and mindfulness exercises as we explore what it means to build community through the lens of *ubuntu*.

Small groups will meet once a week on Wednesdays or Sundays throughout Lent beginning Wednesday, Feb. 14. **Sign up at 1stlu.org/next** and more information will follow. Invite a friend to join you!

Everyday Ubuntu is available for purchase at our Resource Center before and after worship, and at the church office Mon–Fri, 8am–4pm. Cost: \$18.