

READINGS

For Sunday, July 21
Mark 10: 35-45, James, of Zebedee - Stand firm
in the face of persecution
Pew Bible: 823 Spark Bible: 1114

For Wednesday, July 24
Luke 10:38-42, Mary & Martha
Pew Bible: 845 Spark Bible: 1146

PRAYERS & CARE

Sympathy to the family & friends of Katherine Olson
*Please contact the office if you have any prayers to
be lifted up: office@firstlu.org or 608.783.2236*

NURSERY AVAILABLE

Members and visitors: our nursery is available for
children newborn through age 4. The nursery is
staffed Sunday mornings during and between
services, and on Wednesday evenings during
service and programming. **Please bring your
diaper bag.** It will also be staffed during some
church events and will be advertised as such
when available. We hope you take advantage of
our services while here at First.

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your
church affiliation when they ask and they will then
release your name to us when we call.
For Mayo/Franciscan Healthcare: it is important
that you or a family member contact us directly
at the church office: 608.783.2236. Mayo no
longer gives out information regarding who is
hospitalized.

Please make every effort to keep food
and beverages in the narthex. Thanks!

SERVING:
Pastor Jason Stanton, Pastor Karyn Bodenschatz
Organist: Gabe Hicks
SUNDAY, JULY 21, 8:00AM
Communion Servers: Diane Shuda, Katie Everson; Reader:
Bridget Crave; Projection Leader: Larry Schreiner
SUNDAY, JULY 21, 10:00AM
Communion Servers: Jennifer Wiesjahn; Reader: Sharon Kjos;
Projection Leader: Jerad McHenry
WEDNESDAY, JULY 24, 6:15PM
Communion Server: Tami Tooke; Reader: Tami Tooke

FIRST LUTHERAN CHURCH
410 Main St, Onalaska WI 54650
www.FirstLutheranOnalaska.org • office@firstlu.org
608.783.2236 • Fax: 608.783.3741
Office hours: Monday-Friday 8am-4pm
Senior Pastor: Jason Stanton
jason@firstlu.org • 608.386.6431
Associate Pastor: Karyn Bodenschatz
karyn@firstlu.org • 608.433.6002
Director of Hospitality:
Kathryn Pedretti, kathryn@firstlu.org
Nursery Coordinator:
Cassie Carrell, nursery@firstlu.org
**Young Youth Coordinator
& Sunday School Superintendent:**
Beth Miller, beth@firstlu.org
Director of Small Group Ministry:
Bridget Crave, bridget@firstlu.org
Director of Communications & Marketing:
Andrew Stutesman, andy@firstlu.org
Head Custodian: Mike Peper, mike@firstlu.org



ANNOUNCEMENTS FOR SUN., JULY 21 & WED., JULY 24

WELCOME GUESTS!
The 1,800 baptized members of First
Lutheran hold hospitality to visitors among
our greatest priorities. We understand that
visiting a church can feel overwhelming.
**Please know that ALL are welcome to
worship, commune and participate in all
church activities, programs and events.**

We hope you can make time to stop at the
Welcome Center in the front entry where
we have a gift for you. It's also a great place
to ask questions, gather information and share
ways that we may keep in touch with you.
We're glad you're here!

WELCOME CENTER HOSTS
Brandon King, Diane Shuda,
Brian & Mary Narveson

CONNECTION CARDS
Connection Cards help the staff keep in
touch with the needs of members and
visitors alike. **Please fill out a Connection
Card each week,** complete with prayer
concerns and anything else you'd like the
Pastors to know. Hand it to an usher on your
way forward for communion, or place it in the
offering plate. Thanks!

HOSPITALITY ACTION TEAMS
Coffee Servers: Jen & Kevin Loos, Shari
Hegland; Treat Providers: Linda Smith,
Jenn Wiesjahn, JoAnn Wittchow

COME FOR SUPPER

First Lutheran is assisting with Come
for Supper on **Tuesday, July 23**, at Our
Savior's in La Crosse. First Lutheran
will help with food donations and
volunteering to serve and clean
up. The sign-up sheets are at the
Welcome Center. Call Gloria Kubiak if
you have questions, 608.498.2762.



On **Wednesday, July 24**, the OWLs, a
group for those 55+, fly to Circus World
in Baraboo. Leave church at 8am,
lunch in Baraboo and return about
4pm. Cost of Circus World is \$20, and
lunch will be on your own. RSVP to
owls@firstlur.org by Monday, July 22.

Summer Book Discussion: NEW COSMIC STORY

Pastor Karyn invites you to join her in
reading this summer. Selections have
been taken from the long list of "books
I want to read" that she has. Join her at
her home (4710 Southfield Green, La
Crosse) from **9-11am on Saturday, July
27**, to discuss *The New Cosmic Story* by
John F. Haught. *RSVP to karyn@firstlu.org.*

PRAYERS OF THE PEOPLE
Please take time before worship
and go to the narthex to write
down any prayers you want to
lift up, so we can be certain to
include them in worship today!

VOLUNTEER APPRECIATION PICNIC

July 28 from 11:30 a.m.-2pm at the first shelter in Rowe Park, for all volunteers who make Faith Alive! happen at First Lutheran. RSVP at 1stlu.org/VAP.

LEAD SUN SCHOOL & VBS

There are opportunities to serve as a Sunday School teacher and a leader in VBS. A Sunday School teacher is a 1-2 weekend a month commitment in which you connect with our congregation's children! It is super easy with the curriculum! VBS is another way to connect, this is so fun and is high energy! If you like to play games or would like to help organize or help in anyway, please consider! Contact Beth Miller: beth@firstlu.org.

BAPTISMAL PREPARATION

A baptism preparation session will be **Saturday, Aug. 3, at 10am** in the narthex for anyone who is considering or has scheduled a baptism. To register or ask questions, contact the church office: 608.783.2236 / office@firstlu.org.

Prayer Shawl Knitters

MEETING DURING THE SUMMER

The prayer shawl knitters will continue their ministry through the summer, but on **Sunday mornings between services** rather than on Wednesday evenings. All knitters are welcome. The yarn and pattern are provided; knitting needles are provided, too, if you need them.

BACK-TO-SCHOOL SHOES

The First Teen Clothes Closet is again partnering with the Children's Clothes Closet

at Trinity Lutheran Church to provide back-to-school shoes for children and teens during Trinity's annual block party in August. For the past two years, we have provided approximately 130 pairs of new athletic shoes in adult sizes 7 through 13 to help ensure teens have the shoes they need for school (including PE classes). If you would like to support this effort, you can purchase NEW athletic shoes, men's or women's, in the sizes mentioned, or make a monetary donation to the effort. The block party and shoe distribution will be **Monday, Aug. 12.**

JOB OPENING

First Lutheran is receiving applications for a **part-time, paid, youth ministry internship.** Intern(s) will serve from late August through the end of the program year in May, focusing primarily on high school youth group and other teenage ministries. Call 608.783.2236 or e-mail office@firstlu.org to inquire.

ELCA CHURCHWIDE ASSEMBLY VOLUNTEERS!

Churchwide Assembly (CWA), the triennial gathering of voting members from around the entire ELCA, is meeting this year in our own state... at the Wisconsin Center in **Milwaukee, Aug. 5-10.** YOU are invited to consider attending the 2019 CWA as a volunteer; approximately 600 volunteers will be needed to serve as ushers or greeters, to provide tech support, etc. Learn more about specific volunteer positions at 1stlu.org/cwa

DONATE A BIKE

Everybody Bikes is looking for bicycles in quality condition. To donate a bicycle, please call Lori Lunney (608.769.6790) or

Bridget Christen (608.797.1050) for more info. Everybody Bikes is a local nonprofit organization that gives bikes and equipment (helmet, light, basket) and bicycle instruction to people in need of transportation who can't afford a bicycle. More info: 1stlu.org/eb

"LAP-TIVITY" QUILTS

On **Tuesday, Aug. 6, 9am-1pm**, The Peer Caregiver Support Program of Causeway is creating "lap-tivity" quilts for staff at health, veteran and care facilities to give to caregivers of a loved one with Alzheimer's or other related dementia. We are looking for volunteers to help create these lap sized quilts. Volunteers can bring their own machine or if they're not sewers can help in so many other ways! Refreshments will be served. Location: Good Shepherd Lutheran Church, La Crosse. To participate, call Causeway at 608.775.9999

FAITH ALIVE VISITATIONS

A group of First Lutheran members has as their goal to "keep in touch" with our fellow members who are home-bound. The visitation team will keep Faith Alive with phone calls, home visits or by mailing notes to remind "at home" members that our church loves and cares about them. *Please notify the church office at 608.783.2236 or office@firstlu.org if you're aware of an individual or care giver who is either long or short-term home bound.*

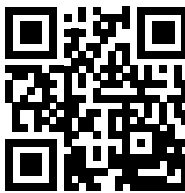
UPCOMING: JUL 21-AUG 3

SUN 21	MIDDLE SCHOOL MISSION TRIP TO DULUTH, MN 8:00am Worship 10:00am Worship
MON 22	7:00pm AA - FS
TUES 23	10:30am Staff Mtg 4:00pm Come for Supper at OSLC
WED 24	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Panera 8:00am OWLs Fly to Circus World in Baraboo 6:15pm Worship
FRI 26	7:00pm AA - FS
SAT 27	9:00am Summer Book Discussion: The New Cosmic Story
SUN 28	8:00am Worship 10:00am Worship 11:30am Volunteer Appreciation Picnic
MON 29	9:00am Newsletter Assembly - NX 7:00pm AA - FS
TUES 30	10:30am Staff Mtg
WED 31	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Panera 6:15pm Worship
THUR 1	7:00pm Women of the House Small Grp
FRI 2	7:00pm AA - FH
SAT 3	10:00am Baptismal Preparation - NX

CALENDAR KEY:

CR = Choir Room FBB = Faith Building Block FH = Fellowship Hall
FS = Fireside Room MR = Mary Room NX = Narthex
SN = Sanctuary TR = Thomas Room UR = Upper Room

For more info, visit our website at www.FirstLutheranOnalaska.org



First Lutheran accepts one-time contributions electronically by credit/debit card. Use your mobile device to scan this QR code or go to 1stlu.org/give.

To learn more about these and other announcements, head to our website at www.FirstLutheranOnalaska.org

Share your Faith Alive! experience and tag your posts on Instagram, Twitter and Facebook with #faithalive365.