

READINGS

For Sunday, July 28
Matthew 10: 2-4, James, the Less — “Present” —
Discipleship outside the limelight
Pew Bible: 791 Spark Bible: 1069

For Wednesday, July 31
Luke 11:1-13, The Lord’s Prayer
Pew Bible: 845 Spark Bible: 1146

PRAYERS & CARE

Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.
For Mayo/Franciscan Healthcare: it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

Please make every effort to keep food and beverages in the narthex. Thanks!

SERVING:
Pastor Jason Stanton, Pastor Karyn Bodenschatz
Organist: Gabe Hicks
SUNDAY, JULY 28, 8:00AM
Communion Servers: Glen Vilim, Jennifer Wiesjahn; Reader: Carol Skoy
SUNDAY, JULY 28, 10:30AM
Reader: Judy Johnson; Projection Leader: Jerad McHenry
WEDNESDAY, JULY 31, 6:15PM

FIRST LUTHERAN CHURCH
410 Main St, Onalaska WI 54650
www.FirstLutheranOnalaska.org • office@firstlu.org
608.783.2236 • Fax: 608.783.3741
Office hours: Monday-Friday 8am-4pm
Senior Pastor: Jason Stanton
jason@firstlu.org • 608.386.6431
Associate Pastor: Karyn Bodenschatz
karyn@firstlu.org • 608.433.6002
Director of Hospitality:
Kathryn Pedretti, kathryn@firstlu.org
Nursery Coordinator:
Cassie Carrell, nursery@firstlu.org
**Young Youth Coordinator
& Sunday School Superintendent:**
Beth Miller, beth@firstlu.org
Director of Small Group Ministry:
Bridget Crave, bridget@firstlu.org
**Director of
Communications & Marketing:**
Andrew Stutesman, andy@firstlu.org
Head Custodian: Mike Peper, mike@firstlu.org



ANNOUNCEMENTS FOR SUN., JULY 28 & WED., JULY 31

WELCOME GUESTS!
The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Welcome Center in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

WELCOME CENTER HOSTS
Gloria Kubiak

CONNECTION CARDS
Connection Cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a Connection Card each week,** complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for communion, or place it in the offering plate. Thanks!

HOSPITALITY ACTION TEAMS
Coffee Servers: Renee & Ronn Thies,
Heather Heather Pintz & Nick Walters;
Treat Providers: Dave & Donna Feidt,
Diane Kachel, Steve Netwal, Bill Baum

VOLUNTEER APPRECIATION PICNIC

THIS Sunday, July 28, from 11:30am–1:30pm at the first shelter in Rowe Park, for all volunteers who make Faith Alive! happen at First Lutheran. Join us!

NEWSLETTER ASSEMBLY

It's a relaxing way to volunteer! **Monday, July 29, at 9am,** to assemble the August newsletter. See you there!

LEAD SUN SCHOOL & VBS

There are opportunities to serve as a Sunday School teacher and a leader in VBS. A Sunday School teacher is a 1-2 weekend a month commitment in which you connect with our congregation's children! It is super easy with the curriculum! VBS is another way to connect, this is so fun and is high energy! If you like to play games or would like to help organize or help in anyway, please consider! Contact Beth Miller: beth@firstlu.org.

BAPTISMAL PREPARATION

A baptism preparation session will be **Saturday, Aug. 3, at 10am** in the narthex for anyone who is considering or has scheduled a baptism. To register or ask questions, contact the church office: 608.783.2236 / office@firstlu.org.

PRAYERS OF THE PEOPLE
Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

ELCA CHURCHWIDE ASSEMBLY VOLUNTEERS!

Churchwide Assembly (CWA), the triennial gathering of voting members from around the entire ELCA, is meeting this year in our own state... at the Wisconsin Center in **Milwaukee, Aug. 5-10**. YOU are invited to consider attending the 2019 CWA as a volunteer; approximately 600 volunteers will be needed to serve as ushers or greeters, to provide tech support, etc. Learn more about specific volunteer positions at 1stlu.org/cwa

“LAP-TIVITY” QUILTS

On **Tuesday, Aug. 6, 9am–1pm**, The Peer Caregiver Support Program of Causeway is creating “lap-tivity” quilts for staff at health, veteran and care facilities to give to caregivers of a loved one with Alzheimer’s or other related dementia. We are looking for volunteers to help create these lap-sized quilts. Volunteers can bring their own sewig machine or if they’re not sewers can help in so many other ways! Refreshments will be served. Location: Good Shepherd Lutheran Church, La Crosse. To participate, call Causeway at 608.775.9999

BACK-TO-SCHOOL SHOES

The First Teen Clothes Closet is again partnering with the Children’s Clothes Closet at Trinity Lutheran Church to provide back-to-school shoes for children and teens during Trinity’s annual block party in August. For the past two years, we have provided approximately 130 pairs of new athletic shoes in adult sizes 7 through 13 to help ensure teens have the shoes they need for school (including PE classes). If you would like to support this effort, you can purchase NEW athletic shoes, men’s or women’s, in the sizes mentioned, or make a monetary donation

to the effort. The block party and shoe distribution will be **Monday, Aug. 12**.

CONFIRMATION

- **Gr 6 Orientation & Milestone:**
Sunday, Aug. 18, 3-6pm, Fellowship Hall
- **Gr 7 Orientation:**
Sunday, Aug. 18, 9:15am, Fellowship Hall
- **Gr 8 & 9 Orientation:**
Wednesday, Aug. 21, 7pm, Fellowship Hall
- **Gr 10 Orientation:**
Sunday, Aug. 25, 11am, Fellowship Hall

CONFIRMATION GUIDES

You don’t need to know the Bible backwards & forwards & you don’t need a seminary degree. Just a heart for the youth of our church and an hour each week to spend with our confirmation youth. Parents, grandparents, godparents or any faith-mature adult is welcome to facilitate conversation and build relationships between our confirmands on Wednesday nights. *Contact Pastor Stanton to nominate someone: jason@firstlu.org.*

Summer Book Discussion:

MORE THAN A ROCK

Pastor Karyn invites you to join her in reading this summer. Selections have been taken from the long list of “books I want to read” that she has. Join her at her home (4710 Southfield Green, La Crosse) from **9-11am on Saturday, Aug. 24**, to discuss *More Than a Rock* by Guy Tal. *RSVP to karyn@firstlu.org.*

DONATE A BIKE

Everybody Bikes is looking for bicycles in quality condition. To donate a bicycle, please call Lori Lunney (608.769.6790) or

Bridget Christen (608.797.1050) for more info. Everybody Bikes is a local nonprofit organization that gives bikes and equipment (helmet, light, basket) and bicycle instruction to people in need of transportation who can’t afford a bicycle. More info: 1stlu.org/eb

Prayer Shawl Knitters

MEETING DURING THE SUMMER

The prayer shawl knitters will continue their ministry through the summer, but on **Sunday mornings between services** rather than on Wednesday evenings. All knitters are welcome. The yarn and pattern are provided; knitting needles are provided, too, if you need them.

COURAGEOUS MEN’S GROUP

The Courageous Men’s Group are men of all ages who meet weekly on **Wednesdays at 6am in the Fireside Room** for a time of fellowship and study. Contact Chad Schultz, Jim Sysimaki, or the church office for more info: courageous@firstlu.org.

STEPHEN MINISTRY

If you know of someone who needs a caregiver, please speak with Pastor Karyn, or call the church office.

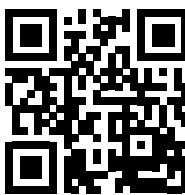
UPCOMING: JUL 28-AUG 7

SUN 28	8:00am Worship 10:00am Worship 11:30am Volunteer Appreciation Picnic
MON 29	9:00am Newsletter Assembly - NX 7:00pm AA - FS
TUES 30	10:30am Staff Mtg
WED 31	6:00am Courageous Men’s Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Panera 6:15pm Worship
THUR 1	7:00pm Women of the House Small Grp
FRI 2	7:00pm AA - FH
SAT 3	10:00am Baptismal Preparation - NX
SUN 4	8:00am Worship 10:00am Worship 6:00pm Vacation Bible School - SN & FH
MON 5	6:00pm Vacation Bible School - SN & FH 6:30pm Hospitality Leadership Team - NX 7:00pm AA - FS
TUES 6	10:30am Staff Mtg 6:00pm Vacation Bible School - SN & FH
WED 7	6:00am Courageous Men’s Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Panera 6:00pm Vacation Bible School - SN & FH 6:15pm Worship

CALENDAR KEY:

CR = Choir Room FBB = Faith Building Block FH = Fellowship Hall
FS = Fireside Room MR = Mary Room NX = Narthex
SN = Sanctuary TR = Thomas Room UR = Upper Room

For more info, visit our website at www.FirstLutheranOnalaska.org



First Lutheran accepts one-time contributions electronically by credit/debit card. Use your mobile device to scan this QR code or go to 1stlu.org/give.

To learn more about these and other announcements, head to our website at www.FirstLutheranOnalaska.org

Share your Faith Alive! experience and tag your posts on Instagram, Twitter and Facebook with #faithalive365.