

READINGS

For Sunday, Nov. 1

Kingdom Divided, 1 Kings 12:1-17, 25-29  
Pew Bible: p. 277, Spark Bible: p. 381

For Wednesday, Nov. 4

The First Commandment, Mark 12:28-34  
Pew Bible: p. 825, Spark Bible: p. 1117

PRAYERS & CARE

Hospital: Brian Rebhahn, Terry Lee  
Home: Howard Anderson, Don Hickok  
Military: Jack Vilim, serving in Turkey.  
Global Missionary: Aliyah Richling, serving in Hungary  
Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.  
For Mayo/Franciscan Healthcare: it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

Please make every effort to keep food and beverages in the narthex. Thanks!

SERVING:

Pastor Jason Stanton, Pastor Karyn Bodenschatz  
Organist: Gabe Hicks; Nursery Attendant: Crystal Miller;  
Bread Baker: Michelle Bauer; Treat Providers: Shirley Sacia, Carol Christnovich, Pat Blanchard, Julie Moseng;  
Coffee Servers: Mark & Deb Koenig, Jen Schmitt

SUNDAY, NOV. 1, 8:00am

Acolytes: Conner Haggerty, Brandon Tomlin;  
Communion Servers: Bridget Crave, Mary Ann Redfearn; Reader: Karen Meier; Ushers: Karen Meier, Dorothy Every; Puppet Volunteers: Becky Runde, Mary Ann Redfearn; Projectionist: Steve Klingemann

SUNDAY, NOV. 1, 10:30am

Communion Servers: Paula Skoy, Gloria Kubiak;  
Reader: Jerad McHenry; Usher: Todd Lofald; Nursery: Ella Nicolai, Jaidyn Groshek; Puppet Volunteers: Julie & Randy Moseng; Projectionist: Doug Shupe

WEDNESDAY, NOV. 4, 6:15pm

Reader: Mark & Deb Koenig; Nursery Attendant: Madalyn Olson; Projectionist: Larsen Birdsong

FIRST LUTHERAN CHURCH

410 Main St, Onalaska WI 54650  
www.FirstLutheranOnalaska.org • office@firstlu.org  
608.783.2236 • Fax: 608.783.3741  
Office hours: Monday–Friday 8am–4pm

Senior Pastor: Jason Stanton  
jason@firstlu.org • 608.386.6431

Associate Pastor: Karyn Bodenschatz  
karyn@firstlu.org • 608.433.6002

Director of Servant Ministries: Kathryn Pedretti  
kathryn@firstlu.org

Sunday School Superintendents:  
Sheri Betz & Tawni O'Rourke  
sundayschool@firstlu.org

Confirmation Administrative Assistant:  
Cindy Beach, cindy@firstlu.org

Young Youth Coord.: Katie Everson  
katie@firstlu.org

Director of Discipleship for Youth: Tina Nelson  
tina@firstlu.org

Director of Small Group Ministry: Bridget Crave  
bridget@firstlu.org

Communications & Marketing Coord.:  
Andrew Stutesman, andy@firstlu.org

Head Custodian: Mike Peper  
mike@firstlu.org



ANNOUNCEMENTS FOR  
SUN., NOV. 1 & WED., NOV. 4

WELCOME GUESTS!

The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Connecting Point table in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

COMMUNION CARDS

"Holy Communion" cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a communion card each week,** complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for Communion, or place it in the offering plate. Thanks!

PREPARING OURSELVES FOR WORSHIP

Please consider using your time in the sanctuary before worship as a time of personal preparation for an encounter with God. Our musicians seek to create a prayerful time and space meant to assist in your preparation. Conversation is, of course, an essential part of our fellowship that deserves its own time and space. Our entry area (narthex) is perfect for those conversations before and after worship services.

Butter Braids

This fund raiser is now available to ALL YOUTH going to Bible camp or on mission trips this summer. Order forms are available in the office—pick one up and start selling! **Forms need to be returned by Nov. 15.** What? You just want to EAT a Butter Braid? Just purchase one from a youth, or speak with Tina!

BLOOD DRIVE

**Monday, November 2, 12:30-5:30pm, in the fellowship hall.** Every day ordinary people are saved by some pretty extraordinary people. People who give blood. Your donation could be the most valuable gift you ever give. Just ask anyone who's ever received. To schedule your appointment go to [www.bcw.edu/firstluthona](http://www.bcw.edu/firstluthona). Please bring a photo ID.

YOUTH PRAISE BAND

Rehearsing **Sundays in the sanctuary at 11:45am.** All young people who want to play or sing in a praise band are encouraged to attend!

PRAYERS OF THE PEOPLE  
Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

# SUNDAY SCHOOL UPDATE

## Sunday, November 1

- 3-year-old Faith Building Block:  
Praying Together, lifted up in worship
- 9:15am: Sunday School classes
- 9:15am: 1st Grade Faith Building Block:  
10 Commandments - FH  
(1st meeting, parents/guardians only)

## Sunday, November 8

- 9:15am: Sunday School classes
- 9:15am: 1st Grade Faith Building Block:  
10 Commandments - FH  
(2nd meeting, children with parents/guardians)

New registrations welcome any time of the year. Contact Sunday School superintendents Sheri Betz and Tawni O'Rourke at [sundayschool@firstlu.org](mailto:sundayschool@firstlu.org) or stop in the Sunday School office in room 206.

# SUNSHINE BOYS

The Sunshine Boys serve at First on the first Thursday of each month; the next meeting will be **Thur., Nov. 5, at 9am.** The Sunshine Boys are an informal group that performs a variety of necessary tasks around the church; such as grounds clean-up, minor repairs, and other small jobs. Contact Mike, our custodian, with any questions: [mike@firstlu.org](mailto:mike@firstlu.org).

## CHURCH WOMEN UNITED: OUR JOURNEY TOGETHER

**Friday, November 6, 9:30–11am,** at Good Shepherd, 4141 Mormon Coulee Rd, La Crosse. \$5 brunch. RSVP to Barb by Nov. 2: 608.784.0062. Bring winter outerwear to donate to Salvation Army.



On **Friday, November 6** the OWLs, a group for those 55+, will attend the La Crosse Community Theatre production of the “The Little Mermaid.” Before the theater we will dine in a local restaurant. Cost of the theater is \$29, and dinner is on your own. **Please call 608.526.9700 or email Brian at [owls@firstlu.org](mailto:owls@firstlu.org) by Tuesday evening, November 3, if you plan to attend.** The next potluck will be **Wed., Nov. 18, at noon in the fellowship hall.** By popular request Brian and Mary Narveson will show photos and tell stories about their month long trip following the trail of Louis and Clark.

## HS HIKING ADVENTURE

**Sat., Nov. 7:** Let's explore God's creation together! We will meet at the church at 1pm and be back by 5pm. Bring good hiking shoes and a water bottle.

# HS MOVIE NIGHT

Are you a movie buff? High schoolers, come teach Tina your ways! We will get together once a month to watch a movie and discuss after. Bring popcorn to share! **Tuesday, November 10 @ 6:30–8:30pm**

# HS RETREAT AT SUGAR CREEK

**Nov. 13-15,** at Sugar Creek! This high energy retreat is filled with great music, faith-building time and lots of surprises! Cost: \$75 (includes 5 meals & transportation; van leaves church at 5:30pm on Fri, returns approximately 2pm on Sun.). RSVP to Tina: [tina@firstlu.org](mailto:tina@firstlu.org).

## DRAWING FROM THE WELL

**Next retreat: Sat., November 14, 8:30am–1:30pm**

This month is part one of a two-part exploration of Emotional and Intellectual Wellness. We will begin by studying Luke 9:10-17. (Jesus feeds 5,000 plus people!) After some conversation, we will talk about *Strengths Finder* and the power knowing and using our strengths has in our lives. This gathering does carry with it a cost to purchase the book and take the inventory. The book (which includes the code to take the inventory) is \$15 on Amazon ([1stlu.org/1Mn86Og](https://www.amazon.com/dp/B000APR080)). To read a short synopsis about Strengths Finder go to [strengths.gallup.com](http://strengths.gallup.com). Lunch will be at the church.

# CARE PACKAGE FOR ALIYAH

Now that Aliyah Richling, our Young Adult in Global Mission, has had a chance to get settled into her new place in Békéscsaba, Jennifer Wiesjahn reached out to see if there is anything she needs/wants from the States that she can't find in Hungary. The items listed below are the ones she has identified. Contact Jennifer (608.397.6897) if you are interested in providing a monetary donation towards the purchase of these items, otherwise donations can be brought to the office. **THANK YOU!** Items include: Skittles, chocolate chips, Reese's Peanut Butter Cups, peanut butter, Cheeze It's, Twizzlers, Twilight books, ELW hymnal, & cheddar cheese.

## THIS WEEK: Nov. 1–8

SUN 1	3 Yr Old Faith Building Block: Praying Together, lifted up in worship <b>8:00am Worship</b> 9:15am Sun. School & 6/7th Gr Confirmation 9:15am Apostle's Creed - Thomas Rm 9:15am Parent Share - Upper Rm 9:15am The Story Small Group - Mary Rm 9:15am 1st Grd Faith Building Block: 10 Commandments (1st meeting, parents/guardians only) 9:15am HS Sunday Learning - House <b>10:30am Worship</b> 11:45am Youth Praise Band Rehearsal - SN 6:30pm High School Youth Group - FH
MON 2	12:30pm Blood Drive - FH 4:00pm Death and Dying - FS 7:00pm AA - FS
TUES 3	9:00am Quilters - FS 1:30pm Staff Mtg 5:30pm Bell Choir Rehearsal 5:30pm Executive Mtg 6:30pm Stephen Ministry Mtg - Mary Rm
WED 4	6:00am Courageous Men's Bible Study - House 6:30am Coffee with Pastor Karyn - Panera 5:00pm 10 Commandments (Confirmation Class) - FS 5:15pm Knitters - NX <b>6:15pm Worship</b> 7:00pm 8th & 9th Gr Small Groups 7:00pm Senior Choir Rehearsal - SN 9:00am Sunshine Boys 6:15pm Brene Brown Small Grp - FH 6:15pm NarAnon - FS
THUR 5	4:30pm OWLs Fly to Little Mermaid 7:00pm AA - FH
FRI 6	1:00pm High School Hiking Adventure
SAT 7	<b>8:00am Worship</b> 9:15am Sun. School & 6/7th Gr Confirmation 9:15am Apostle's Creed A - Thomas Rm 9:15am Parent Share - Upper Rm 9:15am The Story Small Group - Mary Rm 9:15am 1st Grd Faith Building Block: 10 Commandments 9:15am HS Sunday Learning - House
SUN 8	<b>10:30am Worship</b> 11:45am Youth Praise Band Rehearsal - SN 6:30pm High School Youth Group - FH

**ROOM KEY:**  
CR = Choir Room      FH = Fellowship Hall      FS = Fireside Room  
NX = Narthex      SN = Sanctuary      TR = Thomas Room  
For more information, visit our website at [www.FirstLutheranOnAlaska.org](http://www.FirstLutheranOnAlaska.org)