

READINGS

For Sunday, Jan. 31

Death of John the Baptist, Mark 6:1-29
Pew Bible: 817, Spark Bible: 1106

For Wednesday, Feb. 3

The Rejection of Jesus at Nazareth, Luke 4:21-30
Pew Bible: 835, Spark Bible: 1134

PRAYERS & CARE

Hospital: Kathleen Sage
Home: Madelyn Payne, Marlene Emery, Richard Nelson
Celebrations: the birth of Lola Rose Peplinski, daughter of Hannah Lunney, granddaughter of Pat & Lori Lunney
Global Missionary: Aliyah Richling, serving in Hungary
Military: Jack Vilim, serving in Turkey.
Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.
For Mayo/Franciscan Healthcare: it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

SERVING:

Pastor Jason Stanton, Pastor Karyn Bodenschatz
Organist: Gabe Hicks; Nursery Attendant: Crystal Miller;
Bread Baker: Peggy Daleki; Treat Providers: Marilyn Rudser, Debra Dinger, Ellis & Judy Stetzer, Jared & Carley Schaffner; Coffee Servers: Carroll Lombard, Brian & Annette O'Hern

SUNDAY, JAN. 31, 8:00am

Communion Servers: Bridget Crave & Glen Vilim;
Reader: Beth Curtis; Ushers: Runde family; Puppet Volunteer: Nicole Garbers; Projectionist: Steve Klingemann

SUNDAY, JAN. 31, 10:30am

Acolytes: Lexi & Kenzie Miller; Communion Servers: Paula Skoy, Shaun Gibbs; Reader: Carla Stanton; Ushers: Joel Miller, Doug & Diane Jorstad, Bob Dean; Nursery: Tori Schmidt, Alyson Johnson; Puppet Volunteers: Jerad McHenry; Projectionist: Doug Shupe

WEDNESDAY, FEB. 3, 6:15pm

Communion Server: Beverly DiNicola, Larry Schreiner; Reader: Andrea Dombroski; Usher: Cali Shepard, Kalli Aspenson; Nursery Attendant: Madalyn Olson; Projectionist: Brian Wittkop

FIRST LUTHERAN CHURCH

410 Main St, Onalaska WI 54650
www.FirstLutheranOnalaska.org • office@firstlu.org
608.783.2236 • Fax: 608.783.3741
Office hours: Monday–Friday 8am–4pm

Senior Pastor: Jason Stanton
jason@firstlu.org • 608.386.6431

Associate Pastor: Karyn Bodenschatz
karyn@firstlu.org • 608.433.6002

Director of Servant Ministries: Kathryn Pedretti
kathryn@firstlu.org

Sunday School Superintendents:
Sheri Betz & Tawni O'Rourke
sundayschool@firstlu.org

Confirmation Administrative Assistant:
Cindy Beach, cindy@firstlu.org

Young Youth Coord.: Katie Everson
katie@firstlu.org

Director of Discipleship for Youth: Tina Nelson
tina@firstlu.org

Director of Small Group Ministry: Bridget Crave
bridget@firstlu.org



ANNOUNCEMENTS FOR
SUN., JAN. 31 & WED., FEB. 3

WELCOME GUESTS!

The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Connecting Point table in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

COMMUNION CARDS

"Holy Communion" cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a communion card each week,** complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for Communion, or place it in the offering plate. Thanks!

PREPARING OURSELVES FOR WORSHIP

Please consider using your time in the sanctuary before worship as a time of personal preparation for an encounter with God. Our musicians seek to create a prayerful time and space meant to assist in your preparation. Conversation is, of course, an essential part of our fellowship that deserves its own time and space. Our entry area (narthex) is perfect for those conversations before and after worship services.

ANNUAL REPORT
NOW AVAILABLE

In advance of First's Potluck on Sunday, Feb. 14, the 2015 annual report for First Lutheran is now available and can be picked up in the narthex, the office, or downloaded online at firstlu.org/report.

SERMON NOTES:
NOT JUST FOR CONFIRMANDS!

Available from ushers during worship and at firstlu.org/sermons. They are meant to be used...

- During worship to write down things you hear that surprise, shock, or otherwise strike a chord with you.
- At home, to think about what you heard during the sermon and what it means to you, in your life, right now.
- In small groups, to share your thoughts and to listen to others talk about how they heard the sermon and were moved by it.

PRAYERS OF THE PEOPLE
Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

Little LEAPs

This group is for parents/guardians and their children ages birth to 3 years old, **and meets the last Sunday, at 9:15am in room 102.** We sing, dance, play, and pray together to learn ways to raise our little Christians in the home. We have time with the kids and time with just the adults. During the adult time, we have volunteers come in and play with our children as we talk. We welcome newcomers all the time—join us! If you are interested in becoming a volunteer who helps our children during adult time, please contact Carla Stanton, carla@firstlu.org.

SUNDAY SCHOOL UPDATE
Sunday, January 31

- 9:15am 4th Grd Faith Building Block: Apostle’s Creed (1st Mtg, parents/guardians only) in fellowship hall
- Sunday, February 7**
- 9:15am 4th Grd Faith Building Block: Apostle’s Creed (2nd Mtg, parents/guardians with child) in fellowship hall

New registrations welcome any time of the year. Contact Sunday school superintendents Sheri Betz and Tawni O’Rourke at sundayschool@firstlu.org or stop in the Sunday School office in room 206.

**LUTHER COLLEGE
NORDIC
CHOIR**

Tuesday, February 2, 7pm at First.
Almost sold out!
Get tickets today at www.firstlu.org.

SUNSHINE BOYS

The Sunshine Boys serve at First on the first Thursday of each month; the next meeting will be **Thur., February 4, at 9am.** The Sunshine Boys are an informal group that performs a variety of necessary tasks around the church; such as grounds clean-up, minor repairs, and other small jobs. Rolls and coffee are supplied to replenish your reserves! Dues are free! Contact Mike, our custodian, with any questions: mike@firstlu.org.

BAPTISMAL PREPARATION

A baptism preparation session will be **Saturday, February 6, at 10am in the narthex** for anyone who is considering or has scheduled a baptism. To register or ask questions call the church office, 608.783.3326.

MT. LACROSSE
Sunday, February 7, 1–6pm

Sign up at the Connecting Point Table to receive a discounted price for your lift ticket:

- Checks for payment need to be given to Tina in advance — by Tuesday, February 2
- Checks need to be written out to ENGLISH Lutheran

Lift ticket packages and pricing:

- Lift ticket: \$19
- Lift ticket and ski rental: \$24
- Lift ticket and board rental: \$34

All packages include group lesson for ages 10+ (lesson starts at 1pm sharp) and lunch (hot dog, chips and soda).

**FIRST’S ANNUAL
POTLUCK!**
Sunday, February 14, 11:45am

All members are invited to First’s Annual Potluck. We will eat together, and our kids

will play together while the adults share our greatest faith stories from the past year. God is doing all kinds of things at First Lutheran, so our Annual Potluck will be a celebration of what has been and a look ahead to what will be. Save the date!

**NEEDED:
VOTING MEMBERS**

The 2016 La Crosse Area Synod Assembly is **June 10–12 (Friday—Sunday) at Luther College** in Decorah, Iowa. An elected voting member will need to attend the assembly & various pre-meetings. If you are interested in serving our synod and congregation as one of First Lutheran’s five voting members, contact Pastor Stanton or the church office. It’s a great opportunity to be the church!

CLOTHES CLOSET NEEDS

December was a busy month, with 24 teens receiving items. This has left the closet short on boys’ jeans, especially. Other needs include boys’ khakis in tall sizes, boys’ lounge/pajama pants and underwear.

To learn more about these and other announcements, head to our website at www.FirstLutheranOnalaska.org

Share your Faith Alive!
experience and tag your posts on Instagram, Twitter and Facebook with #faithaliveinOna.

THIS WEEK: Jan. 31–Feb. 7		
SUN 31	8:00am Worship	9:15am Little Leaps - Rm 102 9:15am Parent Share - Upper Rm 9:15am The Story Small Group - Mary Rm 9:15am 4th Grd Faith Building Block: Apostle's Creed (1st Mtg, parents/guardians only) 9:15am Sun School & 6/7th Gr Confirmation
	10:30am Worship	11:45am Colorado Mission Trip Mtg (youth only) - FH 12:00pm MLK Legacy Confirmation Cls - FS 6:00pm Financial Peace - FH
MON 1		7:00pm AA - FS
TUES 2		9:00am Quilters - FS 1:30pm Staff Mtg 5:30pm Bell Choir Rehearsal 7:00pm Luther College Nordic Choir - SN
WED 3		6:00am Courageous Men's Bible Study - House 6:30am Coffee with Pastor Karyn - Panera 8:30am First Teen Clothes Closet Mtg 5:00pm Apostle's Creed B - FS 5:15pm Knitters - Upper Rm
	6:15pm Worship	6:30pm Peer Ministry - Mary Rm & House 7:00pm 8th & 9th Gr Small Groups 7:00pm Senior Choir Rehearsal - SN
THUR 4		9:00am Sunshine Boys 6:00pm Gifts of Imperfection Small Grp - FH
FRI 5		7:00pm AA - FH
SAT 6		10:00am Baptismal Preparation - NX
SUN 7	8:00am Worship	9:15am Stewardship B - TR 9:15am Parent Share - Upper Rm 9:15am The Story Small Group - Mary Rm 9:15am 4th Grd Faith Building Block: Apostle's Creed (2nd Mtg, child w/ parents/guardians) 9:15am Sun School & 6/7th Gr Confirmation
	10:30am Worship	12:00pm Dating, Relationships & Love - Rm 207 12:00pm MLK Legacy Confirmation Cls- FS 1:00pm Mt. LaCrosse Ski Day

ROOM KEY:
CR = Choir Room FS = Fireside Room FH = Fellowship Hall
NX = Narthex SN = Sanctuary TR = Thomas Room

For more info, visit our website at www.FirstLutheranOnalaska.org