

READINGS

For Sunday, Feb. 7

Passion Prediction, Mark 9:30-37
Pew Bible: 821, Spark Bible: 1112

For Wednesday, Feb. 10

Concerning Almsgiving & Prayer,
Matthew 6:1-6, 16-21
Pew Bible: 787, Spark Bible: 1064

PRAYERS & CARE

Home: Madelyn Payne, Marlene Emery,
Richard Nelson, Kathleen Sage
Global Missionary: Aliyah Richling, serving in Hungary
Military: Jack Vilim, serving in Turkey
Please contact the office if you have any prayers to
be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE

Members and visitors: our nursery is available
for children newborn through age 4. The nursery
is staffed Sunday mornings during and between
services, and on Wednesday evenings during
service and programming. **Please bring your
diaper bag.** It will also be staffed during some
church events and will be advertised as such when
available. We hope you take advantage of our
services while here at First.

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your
church affiliation when they ask and they will then
release your name to us when we call.
For Mayo/Franciscan Healthcare: it is important
that you or a family member contact us directly at
the church office: 608.783.2236. Mayo no longer
gives out information regarding who is hospitalized.

SERVING:

Pastor Jason Stanton, Pastor Karyn Bodenschatz
Organist: Gabe Hicks; Nursery Attendant: Crystal Miller;
Bread Baker: Michelle Bauer; Treat Providers: Tina
Buchal, Ann Hudson, Jan Bolstad, Andrea Dombroski;
Coffee Servers: Carol & Cortney Christnovich

SUNDAY, FEB. 7, 8:00am

Communion Servers: Glen Vilim, Tami Tooke; Reader:
Bridget Crave; Ushers: Stephen Ministers; Puppet
Volunteers: Nicole & Kennedy Garbers; Projectionist:
Randy Nedrelo

SUNDAY, FEB. 7, 10:30am

Acolytes: Lexi & Kenzie Miller; Reader: Jerad McHenry;
Ushers: Stephen Ministers; Puppet Volunteers: Linda &
Gary Green; Projectionist: John Peterson

WEDNESDAY, FEB. 10, 6:15pm

Communion Servers: Beverly DiNicola, Glen Vilim;
Reader: Beverly DiNicola; Usher: the Duren family;
Nursery Attendant: Madalyn Olson; Projectionist: Brian
Wittkop

FIRST LUTHERAN CHURCH

410 Main St, Onalaska WI 54650
www.FirstLutheranOnalaska.org • office@firstlu.org
608.783.2236 • Fax: 608.783.3741
Office hours: Monday–Friday 8am–4pm

Senior Pastor: Jason Stanton
jason@firstlu.org • 608.386.6431

Associate Pastor: Karyn Bodenschatz
karyn@firstlu.org • 608.433.6002

Director of Servant Ministries: Kathryn Pedretti
kathryn@firstlu.org

Sunday School Superintendents:
Sheri Betz & Tawni O'Rourke
sundayschool@firstlu.org

Confirmation Administrative Assistant:
Cindy Beach, cindy@firstlu.org

Young Youth Coord.: Katie Everson
katie@firstlu.org

Director of Discipleship for Youth: Tina Nelson
tina@firstlu.org

Director of Small Group Ministry: Bridget Crave
bridget@firstlu.org

Communications & Marketing Coord.:
Andrew Stutesman, andy@firstlu.org

Head Custodian: Mike Peper
mike@firstlu.org



ANNOUNCEMENTS FOR
SUN., FEB. 7 & WED., FEB. 10

WELCOME GUESTS!

The 1,800 baptized members of First Lutheran
hold hospitality to visitors among our greatest
priorities. We understand that visiting a church
can feel overwhelming. **Please know that ALL
are welcome to worship, commune and
participate in all church activities, programs
and events.**

We hope you can make time to stop at the Connecting
Point table in the front entry where we have a gift for
you. It's also a great place to ask questions, gather
information and share ways that we may keep in
touch with you. **We're glad you're here!**

COMMUNION CARDS

"Holy Communion" cards help the staff keep in
touch with the needs of members and visitors alike.
Please fill out a communion card each week,
complete with prayer concerns and anything else
you'd like the Pastors to know. Hand it to an usher
on your way forward for Communion, or place it in
the offering plate. Thanks!

PREPARING OURSELVES FOR WORSHIP

Please consider using your time in the sanctuary
before worship as a time of personal preparation
for an encounter with God. Our musicians seek to
create a prayerful time and space meant to assist
in your preparation. Conversation is, of course, an
essential part of our fellowship that deserves its
own time and space. Our entry area (narthex) is
perfect for those conversations before and after
worship services.

LENT SMALL GROUPS
START ASH WED

Lent is a great time to return to God
and re-focus our lives to be more in line
with Jesus. At First Lutheran, we have a
tradition of offering a church-wide small
group study. This year's study will focus on
the Wednesday evening worship sermon.
Join a small group to dig a little deeper
into how the sermon speaks to you. A
discussion guide will be available each
week. If you miss the sermon, it will be
available on our website or on a CD which
can be picked up in the church office.

There are a variety of small-group meeting
times. If you've been thinking of joining
one of the existing weekly groups—
Parent Share, *The Story* study group,
Courageous Men and *Coffee with Pastor
Karyn*—are all doing the Lenten sermon
study and are open for new folks to join.
Sign up in the narthex or on our website.

PRAYERS OF THE PEOPLE
Please take time before worship
and go to the narthex to write
down any prayers you want to
lift up, so we can be certain to
include them in worship today!

Baptismal blessings are extended to
Liam James Cochrane,
son of Greg & Laura Cochrane
Archie Michael Spencer,
son of Stace & Stacy Spencer
Jasmine Dawn Tutlewski



ANNUAL REPORT NOW AVAILABLE

In advance of First's Potluck on Sunday, Feb. 14, the 2015 annual report for First Lutheran is now available and can be picked up in the narthex, the office, or downloaded online at firstlu.org/report.

SERMON NOTES: NOT JUST FOR CONFIRMANDS!

Available from ushers during worship and at firstlu.org/sermons. They are meant to be used...

- During worship to write down things you hear that surprise, shock, or otherwise strike a chord with you.
- At home, to think about what you heard during the sermon and what it means to you, in your life, right now.
- In small groups, to share your thoughts and to listen to others talk about how they heard the sermon and were moved by it.

NUT & CANDY SALE!

Get ready for Valentine's Day, and help fund improvements in fellowship hall. Available for sale in the narthex. Prices have been reduced!!

SUNDAY SCHOOL UPDATE Sunday, February 7

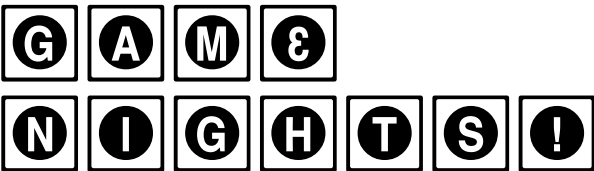
- 9:15am 4th Grd Faith Building Block: Apostle's Creed (2nd meeting, parents/guardians with child) in fellowship hall

Sunday, February 14

- 9:15am 4th Grd Faith Building Block: Apostle's Creed (3rd meeting, parents/guardians with child) in fellowship hall
- New registrations welcome any time of the year. Contact Sunday school superintendents Sheri Betz and Tawni O'Rourke at sundayschool@firstlu.org or stop in the Sunday School office in room 206.

DRAWING FROM THE WELL

First Lutheran invites all women to participate in this discipline, where we will explore the idea of wellness, exploring an aspect of the ELCA's wellness wheel at each meeting. They meet on the second Saturday of the month, **from 8:30am–1:30pm**. Next retreat: **Sat., Feb. 13**; the focus will be on financial wellness. Contact Pastor Karyn for more info: karyn@firstlu.org.



Come join in a fun night of fellowship and games. This is a once a month get-together for those game nerds out there! Bring your own favorite games to share with the group! **HS game night: Sat., Feb. 13, 6–8:30pm, in Mary room. MS game night: Sat., Feb. 20, 6–8pm, in fellowship hall.**

FIRST'S ANNUAL POTLUCK!

Sunday, February 14, 11:45am

All members are invited to First's Annual Potluck. We will eat together, and our kids will play together while the adults share our greatest faith stories from the past year. God is doing all kinds of things at First Lutheran, so our Annual Potluck will be a celebration

of what has been and a look ahead to what will be; including a Q&A regarding Pastor Stanton's sabbatical in 2017. Save the date!

NEEDED: VOTING MEMBERS

The 2016 La Crosse Area Synod Assembly is **June 10–12 (Friday–Sunday) at Luther College** in Decorah, Iowa. An elected voting member will need to attend the assembly & various pre-meetings. If you are interested in serving our synod and congregation as one of First Lutheran's five voting members, contact Pastor Stanton or the church office. It's a great opportunity to be the church!

WHO WILL BE OUR SYNOD'S NEXT YOUNG ADULTS IN GLOBAL MISSION (YAGM)?

"As they offer themselves in service, ELCA young adults are shaped by the witness of our global neighbors." If you are interested in this year-long service assignment in another country—or know of someone who would be—learn more at 1stlu.org/1UtgBXE and then **apply by Feb. 15, 2016**. This opportunity is for young adults from age 21-29 with **service to begin in August 2016**.

To learn more about these and other announcements, head to our website at www.FirstLutheranOnAlaska.org

THIS WEEK: Feb. 7–14

SUN 7	8:00am Worship 9:15am Stewardship B - TR 9:15am Parent Share - Upper Rm 9:15am The Story Small Group - Mary Rm 9:15am 4th Grd Faith Building Block: Apostle's Creed (2nd Mtg, child w/ parents/guardians) 9:15am Sun School & 6/7th Gr Confirmation 10:30am Worship 12:00pm Dating, Relationships & Love - Rm 207 12:00pm MLK Legacy Confirmation Cls - FS 1:00pm Mt. LaCrosse Ski Day
MON 8	7:00pm AA - FS
TUES 9	9:00am Quilters - FS 9:00am Naomi's Circle 9:30am Staff Mtg 1:00pm Dorcas Circle - Upper Rm 3:30pm Worship & Music Team - NX 5:30pm Bell Choir Rehearsal 5:30pm Community Dinner at United Methodist Church 6:30pm Stephen Ministry Mtg - Mary Rm
WED 10	ASH WEDNESDAY NO CONFIRMATION SMALL GROUPS 6:00am Courageous Men's Bible Study - House 6:30am Coffee with Pastor Karyn - Panera 11:00am Worship 11:45am Light Lent Lunch - NX 12:00pm Finance Team Mtg 5:00pm Apostle's Creed B - FS 5:00pm Lent Supper - FH 5:15pm Knitters - Upper Rm 6:15pm Worship 7:00pm Lent Small Grp - Upper Rm w/ Bev DiNicola 7:00pm Senior Choir Rehearsal - SN 8:00pm Praise Band Rehearsal
THUR 11	9:30am Lent Small Grp - Julie Moseng home 6:00pm Gifts of Imperfection Small Grp - FH
FRI 12	7:00pm AA - FS
SAT 13	8:30am Drawing from the Well Group 6:00pm High School Game Night - Mary Rm
SUN 14	8:00am Worship 9:15am Lent Small Grp - Rm 209 w/ Beth Miller 9:15am Parent Share - Upper Rm 9:15am The Story Small Group - Mary Rm 9:15am 4th Grd Faith Building Block: Apostle's Creed (3rd Mtg, child w/ parents/guardians) 9:15am Sun School & 6/7th Gr Confirmation 10:30am Worship 11:45am First's Annual Potluck! 11:45am Lent Small Grp - Upper Rm w/ Shaz Kjos 12:00pm Dating, Relationships & Love - Rm 207 6:00pm Financial Peace - FH 6:30pm High School Youth Group - Mary RM

ROOM KEY:
CR = Choir Room
NX = Narthex
FH = Fellowship Hall
SN = Sanctuary
FS = Fireside Room
TR = Thomas Room
For more information, visit our website at www.FirstLutheranOnAlaska.org