

READINGS

For Sunday, July 16

Psalm 119:41-42, Colossians 3:12-17, John 1:1-14, Word

Pew Bible: 494, 958, 862,
Spark Bible: 664, 1311, 1171

For Wednesday, July 19

Matthew 13:1-9,18-23, Parable of the Sower
Pew Bible: 794, Spark Bible: 1073

PRAYERS & CARE

Military: Jack Vilim, in Jordan

Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

Sunday attendant: Deb Eckert; Sunday helper: Amelia Meyers; Wednesday asttendant: Cassie Carrell

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.
For Mayo/Franciscan Healthcare: it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

SERVING:

Pastor Jason Stanton, Pastor Karyn Bodenschatz
Organist: Karli Breiling; Bread Baker: Mary Nicolai

SUNDAY, JULY 16, 8:00am

Reader: Shari Hegland; Usher: Nancy Beguin;
Projection Leader: Larry Schreiner

SUNDAY, JULY 16, 10:30am

Reader: Peggy Daleki; Usher: Gloria Kubiak; Projection Leader: Jerad McHenry

WEDNESDAY, JULY 19, 6:15pm

Communion Server: Mary Every

FIRST LUTHERAN CHURCH

410 Main St, Onalaska WI 54650
www.FirstLutheranOnalaska.org • office@firstlu.org
608.783.2236 • Fax: 608.783.3741
Office hours: Monday-Friday 8am-4pm

Senior Pastor: Jason Stanton
jason@firstlu.org • 608.386.6431

Associate Pastor: Karyn Bodenschatz
karyn@firstlu.org • 608.433.6002

Director of Hospitality: Kathryn Pedretti
kathryn@firstlu.org

Sunday School Superintendents:
Joel & Beth Miller
sundayschool@firstlu.org

Confirmation Administrative Assistant:
Cindy Beach, cindy@firstlu.org

Young Youth Coord.: Katie Everson
katie@firstlu.org

Director of Discipleship for Youth: Tina Nelson
tina@firstlu.org

Director of Small Group Ministry: Bridget Crave
bridget@firstlu.org

Director of Communications & Marketing:
Andrew Stutesman, andy@firstlu.org

Head Custodian: Mike Peper
mike@firstlu.org



ANNOUNCEMENTS FOR
SUN., JULY 16 & WED., JULY 19

WELCOME GUESTS!

The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Welcome Center in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

WELCOME CENTER HOSTS

Todd Lofald, Katy Wood

CONNECTION CARDS

Connection Cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a Connection Card each week,** complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for communion, or place it in the offering plate. Thanks!

HOSPITALITY ACTION TEAMS

Coffee Servers: Dorothy Every, Mary Every, Ginny & Clay Pollert; Treat Providers: Todd Lofald, Vicky & Harry Helfrich, Ardith Van Riper

VOLUNTEER
APPRECIATION
PICNIC

Come and enjoy a fun-filled time **THIS SUNDAY, July 16, from noon-2pm**, at Rowe Park. We will have fiesta-type food, a piñata for kids and games for anyone young at heart. Of course, the water balloon fight at the end is always a big hit! We hope all can join us and "Get Your Fiesta On!!!"

PRAYERS OF THE PEOPLE

Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

Baptismal blessings are extended to
Aria Rayne Heal,
daughter of Vince & Natesa Heal
Baptismal blessings are extended to
Mildred Marie Renner,
daughter of Jeremy & Breann Renner



COFFEE WITH PASTOR KARYN

Coffee with Pastor Karyn has started reading *Why Did Jesus, Moses, the Buddha, and Mohammed Cross the Road?* by Brian D. McLaren. It's a great time to join in the conversation, and this group is open to all and meets at **6:30am each Wednesday** at Uptowne Cafe on the northside of La Crosse. See you there!

BLOOD DRIVE

Tuesday, July 25, 12:30-5:30pm, in the narthex. Every day ordinary people are saved by some pretty extraordinary people. People who give blood. Your donation could be the most valuable gift you ever give. Just ask anyone who's ever received. To schedule your appointment go to www.bcw.edu/firstluthona. Registrations shorten your wait but are not required; walk-ins are welcome. Please bring a photo ID.

COME FOR SUPPER

First Lutheran is assisting with Come for Supper on **Tuesday, July 25**, at Our Savior's in La Crosse. First Lutheran will help with food donations and volunteering to serve and clean up. The sign-up sheets are at the Welcome Center. Call Gloria Kubiak if you have questions, 608.498.2762.

WELCOME BASKETS

Welcome baskets are a way to welcome a new neighbor into your neighborhood. The baskets are a gift bag tied with a bow, filled with some goodies from church and from our community. They are available to sign out at the resource center across from the church office.



Holding with tradition, the OWLs, a group for those 55+, will travel to Lanesboro for a fabulous production of "Steel Magnolias" at the Commonweal Theatre on **Thursday, August 3, leaving the church at 4pm.** RSVP to Brian Narveson by Monday, July 31: 608.526.9700 or owls@firstlu.org.

BAPTISMAL PREPARATION

A baptism preparation session will be **Saturday, August 5, at 10am** in the narthex for anyone who is considering or has scheduled a baptism. To register or ask questions, contact the church office: 608.783.2236 / office@firstlu.org.

VBS HELP

The following items are needed for this year's VBS program:

- Gallon jugs with lids
- Empty coffee cans or baby formula containers (metal or plastic cylinder without sharp edges)
- Large cardboard boxes or pieces

Other items needed, to be borrowed and returned:

- Garden cart / wheelbarrow
- Blue and black tarp

Kitchen help is needed for the program, August 6-10. Helpers are needed to prepare food beforehand (around 3pm), serve the meals (5-5:45 pm), and do cleanup (5:45-6:30). Helpers are needed each night; so help one or more days, whatever you are able! Please contact Becky Runde at 507.259.0295 / vbs@firstlu.org to let her know what help you can give. Thanks!

SUGAR CREEK BUS TRIPS

Adult Bus Trips:

- Aug. 23 Fireside Dinner Theatre: "Church Basement Ladies";
- Oct. 1-7 Washington D.C. and Gettysburg Tour

FIRST TEEN CLOTHES CLOSET

This month's most wanted:

- Swimsuits (especially for teen girls)
- Summer dresses for teen girls
- Athletic shorts for both guys and gals

And remember, we are also now a drop-off for the Children's Clothes Closet in La Crosse! Leave your gently used teen-appropriate AND children's clothing in the hamper in the front entrance of the church. Thank you for your generosity!

HELPING HANDS

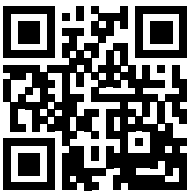
If you need help with small jobs around the house or if you need a couple of meals or groceries delivered, just go to the "Helping Hands" board by the nursery and make out a slip with a description of what you need help with and your telephone number. Then anyone who thinks they can help out can take the slip and call the number to work out the details. This ministry is open to all in need of help AND to those who can provide the help. There is no set group of "helpers" so we need involvement from all who can be a blessing to someone else. Thanks!

CALENDAR: July 16-28

SUN 16	8:00am Worship 9:15am Gardening Small Grp - House 9:15am Sun Morning w/ Coffee Small Grp - NX 10:30am Worship 12:00pm Volunteer Appreciation Picnic
MON 17	1:00pm Elizabeth Circle - Marilyn Fox's Home 7:00pm Women of the House Small Grp - House 7:00pm AA - FS
TUES 18	9:00am Naomi's Circle 9:30am Staff Mtg 5:15pm Personnel Team Mtg 6:30pm Stephen Ministry Mtg - MR 6:30pm Vision & Leadership Team Mtg
WED 19	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Uptowne Cafe 6:15pm Worship
THUR 20	10:00am Deborah's Circle - NX
FRI 21	7:00pm AA - FS
SAT 22	HS MISSION TRIP TO ROSEBUD RESERVATION, SD
SUN 23	8:00am Worship 9:15am Sun Morning w/ Coffee Small Grp - NX 9:30am Visitor Follow-up Action Team Mtg 10:30am Worship
MON 24	7:00pm Women of the House Small Grp - House 7:00pm AA - FS
TUES 25	9:30am Staff Mtg 12:30pm Blood Drive - NX 4:00pm Come for Supper at OSLC
WED 26	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Uptowne Cafe 6:15pm Worship 7:00pm Visitor Follow-up Action Team Mtg
FRI 28	9:00am Newsletter Assembly - NX 7:00pm AA - FS

ROOM KEY:
CR = Choir Room FS = Fireside Room FH = Fellowship Hall
MR = Mary Room NX = Narthex SN = Sanctuary
TR = Thomas Room UR = Upper Room

For more info, visit our website at www.FirstLutheranOnalaska.org



First Lutheran accepts one-time contributions electronically by credit/debit card. Use your mobile device to scan this QR code or go to 1stlu.org/give.