

# READINGS

## For Sunday, July 23

I Timothy 2:1-2, Luke 23:44-49, Prayers of Intercession  
*Pew Bible: 963,860 Spark Bible: 1324,1167*

## For Wednesday, July 26

Matthew 13:24-30,36-43,  
Parable of Weeds Among the Wheat  
*Pew Bible: 794, Spark Bible: 1074*

# PRAYERS & CARE

We lift in prayer all the youth & their chaperons traveling to serve this week at the Rosebud Reservation in South Dakota  
Military: Jack Vilim, in Jordan  
*Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236*

## NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

Sunday attendant: Suzanne Alberts  
Wednesday attendant: Cassie Carrell

## HOSPITAL REMINDERS

*For Gundersen:* be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.  
*For Mayo/Franciscan Healthcare:* it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

### SERVING:

Pastor Jason Stanton, Pastor Karyn Bodenschatz  
Organist: Gabe Hicks

### SUNDAY, JULY 23, 8:00am

Communion Servers: Mary Ann Redfearn, Kurt & Angie Breiling; Reader: Juliene McDonald; Usher: Gregory McDonald; Projection Leader: Rob Kranig

### SUNDAY, JULY 23, 10:30am

Communion Servers: Tina Buchal, Katie Everson; Reader: Olivia Konrardy-Buchal; Ushers: Lori & Colton Hougom; Projection Leader: Ronn Thies

### WEDNESDAY, JULY 26, 6:15pm

Communion Server: Bev DiNicola; Reader: Mark Koenig; Usher: Colton Hougom

### FIRST LUTHERAN CHURCH

410 Main St, Onalaska WI 54650  
www.FirstLutheranOnalaska.org • office@firstlu.org  
608.783.2236 • Fax: 608.783.3741  
Office hours: Monday-Friday 8am-4pm

**Senior Pastor:** Jason Stanton  
jason@firstlu.org • 608.386.6431

**Associate Pastor:** Karyn Bodenschatz  
karyn@firstlu.org • 608.433.6002

**Director of Hospitality:** Kathryn Pedretti  
kathryn@firstlu.org

**Sunday School Superintendents:**  
Joel & Beth Miller  
sundayschool@firstlu.org

**Confirmation Administrative Assistant:**  
Cindy Beach, cindy@firstlu.org

**Director of Discipleship for Youth:** Tina Nelson  
tina@firstlu.org

**Director of Small Group Ministry:** Bridget Crave  
bridget@firstlu.org

**Director of Communications & Marketing:**  
Andrew Stutesman, andy@firstlu.org

**Head Custodian:** Mike Peper  
mike@firstlu.org



## ANNOUNCEMENTS FOR SUN., JULY 23 & WED., JULY 26

### WELCOME GUESTS!

The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Welcome Center in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

### WELCOME CENTER HOSTS

Brandon King, Rob Nelson

### CONNECTION CARDS

Connection Cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a Connection Card each week,** complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for communion, or place it in the offering plate. Thanks!

### HOSPITALITY ACTION TEAMS

Coffee Servers: Heather Pintz, Mary Ann Redfearn, Beth & Shaun Gibbs; Treat Providers: Shirley Sacia, Aaron McDonald, Delores Teale

# BLOOD DRIVE

**Tuesday, July 25, 12:30-5:30pm, in the narthex.** Every day ordinary people are saved by some pretty extraordinary people. People who give blood. Your donation could be the most valuable gift you ever give. Just ask anyone who's ever received. To schedule your appointment, go to [www.bcw.edu/firstluthona](http://www.bcw.edu/firstluthona). Registrations shorten your wait but are not required; walk-ins are welcome. Please bring a photo ID.

# COME FOR SUPPER

First Lutheran is assisting with Come for Supper on **Tuesday, July 25,** at Our Savior's in La Crosse. First Lutheran will help with food donations and volunteering to serve and clean up. The sign-up sheets are at the Welcome Center. Call Gloria Kubiak if you have questions, 608.498.2762.

### PRAYERS OF THE PEOPLE

Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

*Wedding blessings are extended to  
Lindsey Dietzman & Michael Hovde*



# NEWSLETTER ASSEMBLY

It's a relaxing way to volunteer!  
**Friday, July 28, at 9am**, to assemble the August newsletter. See you there!



This group is for parents/guardians and their children ages birth to 3 years old, **and meets the last Sunday, at 9:15am in room 102**. We sing, dance, play and pray together to learn ways to raise our little Christians in the home. We have time with the kids and time with just the adults. During the adult time, we have volunteers come in and play with our children as we talk. We welcome newcomers all the time — join us!



Holding with tradition, the OWLs, a group for those 55+, will travel to Lanesboro for a production of “Steel Magnolias” at the Commonweal Theatre on **Thursday, August 3, leaving the church at 4pm**. RSVP to Brian Narveson by Monday, July 31: 608.526.9700 or owls@firstlu.org.

# BAPTISMAL PREPARATION

A baptism preparation session will be **Saturday, August 5, at 10am** in the narthex for anyone who is considering or has scheduled a baptism. To register or ask questions, contact the church office: 608.783.2236 / office@firstlu.org.

# VBS HELP

The following items are needed for this year's VBS program:

- Cookies & bars: no brownies (due to mess) & no nuts nor peanut butter (due to allergies)
- Gallon jugs with lids
- Empty coffee cans or baby formula containers (metal or plastic cylinder without sharp edges)
- Large cardboard boxes or pieces

Other items needed, to be borrowed and returned:

- Garden cart / wheelbarrow
- Blue and black tarp

Kitchen help is needed for the program, August 6-10. Helpers are needed to prepare food beforehand (around 3pm), serve the meals (5-5:45 pm), and do cleanup (5:45-6:30). Helpers are needed each night; so help one or more days, whatever you are able! Please contact Becky Runde at 507.259.0295 / vbs@firstlu.org to let her know what help you can give. Thanks!

# BACK-TO-SCHOOL SHOES FOR TEENS

First Teen Clothes Closet is accepting monetary donations to be used to purchase new shoes for teens in conjunction with the annual shoe distribution hosted August 30 by the Children's Clothes Closet/Trinity Lutheran Church in La Crosse. We hope to provide at least 120 pair of shoes for middle school and high school students to get the new school year started on the right foot. Monetary donations may be dropped off in the church office or in the offering — please indicate it is for the First Teen Clothes Closet shoe drive.

Volunteers are also needed to help distribute the shoes and to assist with games during the event. High school students are welcome to volunteer! Sign up at 1stlu.org/shoes or contact the church office. Thank you!

# TRAVEL TO THE HOLY LAND

With Pastor Kent and Dr. Lee Johnson on **November 2-13**. \$3,999 includes flights from Mpls. Most Christian tours of the Holy Land focus entirely on the sites associated with the events and people of the Bible, especially those linked to Jesus. This 12-day tour does this and much more. We will visit key sites in Bethlehem, Galilee (Nazareth, Capernaum) and Jerusalem (Temple Mount, Mount of Olives, Church of the Holy Sepulchre.) Guided by our Synod's commitment to accompaniment with the Evangelical Lutheran Church in Jordan and the Holy Land (ELCJHL), you also will meet with members of the ELCJHL and Israeli and Palestinian groups struggling for peace and justice today. Contact Pr. Kent at pastorkentj@gmail.com. There are only a few seats left!

*To learn more about these and other announcements, head to our website at [www.FirstLutheranOnalaska.org](http://www.FirstLutheranOnalaska.org)*

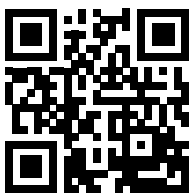
**Share your Faith Alive! experience and tag your posts on Instagram, Twitter and Facebook with #faithalive365.**

# CALENDAR: July 23-August 3

SUN 23	HS MISSION TRIP TO ROSEBUD RESERVATION, SD 8:00am Worship 9:15am Sun Morning w/ Coffee Small Grp - NX 9:30am Visitor Follow-up Action Team Mtg 10:30am Worship
MON 24	7:00pm Women of the House Small Grp - House 7:00pm AA - FS
TUES 25	9:30am Staff Mtg 12:30pm Blood Drive - NX 4:00pm Come for Supper at OSLC
WED 26	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Uptowne Cafe 6:15pm Worship 7:00pm Visitor Follow-up Action Team Mtg
FRI 28	9:00am Newsletter Assembly - NX 7:00pm AA - FS
SUN 30	8:00am Worship 9:15am Sun Morning w/ Coffee Small Grp - NX 9:15am Frolic! - Rm 102 10:30am Worship
MON 31	7:00pm Women of the House Small Grp - House 7:00pm AA - FS
TUES 1	9:30am Staff Mtg 6:30pm Stephen Ministry Mtg - MR
WED 2	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Uptowne Cafe 8:30am First Teen Clothes Closet Mtg 6:15pm Worship
THUR 3	9:00am Sunshine Boys 1:00pm Grief Support Grp - UR 4:00pm OWLs Fly to Lanesboro for "Steel Magnolias" 7:00pm Grief Support Grp - Gloria Kubiak's home

**ROOM KEY:**  
CR = Choir Room      FS = Fireside Room      FH = Fellowship Hall  
MR = Mary Room      NX = Narthex      SN = Sanctuary  
TR = Thomas Room      UR = Upper Room

For more info, visit our website at [www.FirstLutheranOnalaska.org](http://www.FirstLutheranOnalaska.org)



*First Lutheran accepts one-time contributions electronically by credit/debit card. Use your mobile device to scan this QR code or go to [1stlu.org/give](http://1stlu.org/give).*