

READINGS

For Sunday, Jan 21
Mark 1:14-20, Jesus Calls the First Disciples
Pew Bible: 812 Spark Bible: 1100

For Wednesday, Jan 24
John 2:13-25, Jesus Cleanses the Temple
Pew Bible: 863 Spark Bible: 1173

PRAYERS & CARE

Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

Sunday attendant: Jill Inge
Sunday helper: Kevin Hegland

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.
For Mayo/Franciscan Healthcare: it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

Please make every effort to keep food and beverages in the narthex. Thanks!

SERVING:
Pastor Jason Stanton, Pastor Karyn Bodenschatz Organist: Gabe Hicks; Bread Baker: Bev Larson

SUNDAY, JAN 21, 8:00AM
Communion Servers: Katy Wood; Reader: Carol Skoy; Projection Leader: Rob Kranig

SUNDAY, JAN 21, 10:30AM
Communion Servers: Judy Johnson; Reader: Sharon Kjos; Projection Leader: John Peterson

WEDNESDAY, JAN 24, 6:15PM
Communion Servers: Mark Koenig, Bridget Crave, Todd Lofald; Ushers: Tristan Madsen; Reader: Mark Koenig

FIRST LUTHERAN CHURCH
410 Main St, Onalaska WI 54650
www.FirstLutheranOnalaska.org • office@firstlu.org
608.783.2236 • Fax: 608.783.3741
Office hours: Monday-Friday 8am-4pm

Senior Pastor: Jason Stanton
jason@firstlu.org • 608.386.6431

Associate Pastor: Karyn Bodenschatz
karyn@firstlu.org • 608.433.6002

Vicar: Tara Shilts, tara@firstlu.org

Director of Hospitality:
Kathryn Pedretti, kathryn@firstlu.org

Nursery Coordinator:
Cassie Carrell, nursery@firstlu.org

Young Youth Coordinator & Sunday School Superintendent:
Beth Miller, beth@firstlu.org

Confirmation Admin. Assistant:
Cindy Beach, cindy@firstlu.org

Youth Director: Jared Oelke, jared@firstlu.org

Director of Small Group Ministry:
Bridget Crave, bridget@firstlu.org

Director of Communications & Marketing:
Andrew Stutesman, andy@firstlu.org

Head Custodian: Mike Peper, mike@firstlu.org



ANNOUNCEMENTS FOR SUN., JAN 21 & WED., JAN 24

WELCOME GUESTS!
The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Welcome Center in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

WELCOME CENTER HOSTS
Audrey Vinz

CONNECTION CARDS
Connection Cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a Connection Card each week**, complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for communion, or place it in the offering plate. Thanks!

HOSPITALITY ACTION TEAMS
Coffee Servers: Mary Every, Brian & Mary Narveson, Roxann Nedrelo; Treat Providers: Kathleen Monroe-Olson, Marilyn Schreiner, Jessica Chris Rohde, Kelly Nestingen

PARENT SHARE: NOW MEETING SUN & TUES

Join Carla Stanton, member of First, certified spiritual director and mom of three, **in room 201 every Tuesday morning, 8:30-9:30am, or on Sunday mornings 9:15-10:15am.** At Parent Share, we pray and talk about raising our children faithfully. Childcare is available, too, during either session.

COME FOR SUPPER

First Lutheran is assisting with Come for Supper on **Tuesday, Jan. 23**, at Our Savior's in La Crosse. First Lutheran will help with food donations and volunteering to serve and clean up. The sign-up sheets are at the Welcome Center. Call Gloria Kubiak if you have questions, 608.498.2762.



The OWLs, our group for those 55+, are flying to the new Driftless Area Education and Visitors Center in Lansing, Iowa. The adventure begins at church at **9am on Thursday, Jan. 25**; back by 3pm. RSVP to Brian Narveson at owl@firstlu.org by Wednesday, Jan. 24, if you plan to attend.

PRAYERS OF THE PEOPLE
Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

Sunday School

Sunday, January 21

- 9:15am Grade 2 Faith Building Block: What's Fair (3rd meeting, parents/guardians & child) - Fellowship Hall
- 9:15am Sunday School
 - 3- & 4-yr-olds, parent drop-off in 4K Rm
 - Gr K-5, parent drop-off in Choir Rm

Sunday, January 28

- Grade 2 Faith Building Block: What's Fair, lifted up in worship
- 9:15am Frolic! - Rm 102
- 9:15am Grade 4 Faith Building Block: Apostle's Creed (1st meeting, parents/guardians only) - Fellowship Hall
- 9:15am Sugar Creek Sunday School - SN

New registrations welcome any time of the year. Contact Sunday School superintendent Beth Miller at sundayschool@firstlu.org or stop in the Sunday School office in room 206.

CONFIRMATION

Sunday, January 21

- 9:15am Gr 6 & 7 Bible Classes
- 9:15am Sacraments Class

Wednesday, January 24

- 7:00pm Gr 8 & 9 Small Groups

Friday, January 26

- 6:00pm Sugar Creek High School Retreat

SUGAR CREEK
HIGH SCHOOL RETREAT

6pm, Friday, Jan. 26-2pm, Sunday, Jan. 28.

Come spend a weekend in the beautiful valley of Sugar Creek Bible Camp. This retreat will be full of outdoor activities, learning together, good food, campfires, night games and more! Cost is \$85, and

Jared will provide transportation in the church van. RSVP to jared@firstlu.org.

VOLUNTEER
APPRECIATION PARTY!

A warm thank you! Why? To thank everyone for being Christ's hands and feet! **Sunday, Jan. 28, 11:45-1:30pm in Fellowship Hall.** RSVP by Jan. 24 at the Welcome Center or call the church at 608.783.2236.

FAITH ALIVE! U

Join other adults for an afternoon of exploring, questioning and learning about your faith. Faith Alive University takes place **Jan. 28 from 1-3:15pm**, following the volunteer appreciation party. You will have the opportunity to attend two 1-hour classes: *The Gospel According to Harry Potter*, *Bible 101*, *Comparative Religions*, and *Faith & Doubt*. Childcare will be available. Register at 1stlu.org/faithaliveu.

NOMINATIONS FOR
VISION & LEADERSHIP

Nominations needed! First Lutheran will elect two new members to the Vision & Leadership Team at the Annual Get-Together on **Feb. 11**. Read the following 'job' description and consider who you could nominate for this ministry.

POSITION SUMMARY: As a servant to the ministry of First Lutheran Church and working in conjunction with pastoral leadership, is responsible for development of the congregation's mission and vision. Develops short- and long-term strategies for ensuring the spiritual and physical health and wellness of the congregation. Provides support to staff and congregation members to equip each member with skills to grow in faith and their own personal ministry.

ANNUAL POTLUCK!

All members are invited to First's Annual Potluck on **Sunday, February 11, at 11:45am**, where we will eat together and our kids will play together, all while the adults share our greatest faith stories from the past year. God is doing all kinds of things at First Lutheran, so our Annual Potluck will be a celebration of what has been and a look ahead to what will be. Save the date so you can share in the fun!

CLOTHES CLOSET
MOST NEEDED:

- Skinny jeans for girls—all sizes
- Special occasion shoes to go with prom dresses
- Boys sweatpants/athletic pants in small/short sizes
- Prom dresses will be on display later this month; we would love to share them with girls who need them!

BEFORE THE AFTER

Before the After is a planning tool to be used by anyone, any age, to outline your wishes, prepare and organize pertinent documents and eliminate possible tough decisions for your loved ones. Plan your Before the After, ask questions of knowledgeable individuals, open communication with family or friends and coordinate all your information in one place. **Tuesday, January 30, 6-8pm, in Fellowship Hall.** More info: 1stlu.org/b4after.

THIS WEEK: JAN 21-28

SUN 21	8:00am Worship 9:15am Gr 6 & 7 Bible Classes - Rm 207 & FS 9:15am Sacraments Confirm Cls - TR 9:15am Parent Share - UR 9:15am Sun Morning w/ Coffee Small Grp - MR 9:15am Gr 2 FBB: What's Fair (3rd Mtg, parents/guardians & child) - FH 9:15am Sunday School 10:30am Worship 11:45am Capital Campaign Steering Cmte - FS 6:30pm High School Youth Grp 2.0 - MR
MON 22	6:00pm Stephen Ministry Class - MR 7:00pm AA - FS
TUES 23	8:30am Parent Share - UR 9:00am Quilting - FS 1:15pm Staff Mtg 4:00pm Come for Supper at OSLC 5:30pm Bells Practice - Sacristy
WED 24	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Panera 6:15pm Worship 6:30pm Peer Ministry - MR 7:00pm Gr 8 & 9 Small Grps 7:00pm Choir Practice - SN
THUR 25	9:00am OWLs Fly to Driftless Area Education & Visitors Center 7:00pm Women of the House Small Grp - House
FRI 26	9:00am Newsletter Assembly - NX 6:00pm High School Sugar Creek Retreat 7:00pm AA - FS
SAT 27	CPR Training - NX
SUN 28	GR 2 FBB: WHAT'S FAIR, LIFTED UP IN WORSHIP 8:00am Worship 9:15am Gr 6 & 7 Bible Classes - Rm 207 & FS 9:15am Sacraments Confirm Cls - TR 9:15am Parent Share - UR 9:15am Sun Morning w/ Coffee Small Grp - MR 9:15am Frolic! - Rm 102 9:15am Gr 4 FBB: Apostle's Creed (1st Mtg, parents/guardians only) - FH 9:15am Sugar Creek Sunday - SN 10:30am Worship 11:45am Volunteer Appreciation Party - FH 1:00pm Faith Alive U 6:30pm High School Youth Grp 2.0 - MR

CALENDAR KEY:

CR = Choir Room	FBB = Faith Building Block	FH = Fellowship Hall
FS = Fireside Room	MR = Mary Room	NX = Narthex
SN = Sanctuary	TR = Thomas Room	UR = Upper Room

For more info, visit our website at www.FirstLutheranOnalaska.org