

## READINGS

For Sunday, Jan 28  
Mark 1:21-28, The Man With an Unclean Spirit  
*Pew Bible: 812 Spark Bible: 1101*

For Wednesday, Jan 31  
John 3:1-21, Nicodemus  
*Pew Bible: 863 Spark Bible: 1173*

## PRAYERS & CARE

Sympathy to the family & friends of Delores Teale  
*Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236*

## NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

Sunday attendant: Jill Inge  
Wednesday attendant: Cassie Carrell

## HOSPITAL REMINDERS

*For Gundersen:* be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.  
*For Mayo/Franciscan Healthcare:* it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

Please make every effort to keep food and beverages in the narthex. Thanks!

**SERVING:**  
Pastor Jason Stanton, Pastor Karyn Bodenschatz Organist: Gabe Hicks

**SUNDAY, JAN 28, 8:00AM**  
Communion Servers: Kurt & Angie Breiling; Reader: Sheila Handahl; Ushers: Patty Shepard; Projection Leader: Steve Klingemann

**SUNDAY, JAN 28, 10:30AM**  
Communion Servers: Mark Koenig; Reader: Peggy Daleki; Projection Leader: Doug Shupe

**WEDNESDAY, JAN 31, 6:15PM**  
Communion Server: Steve Thomas, Mary Every, Bev DiNicola; Reader: Bob Hayter; Usher: Bob Hayter

**FIRST LUTHERAN CHURCH**  
410 Main St, Onalaska WI 54650  
www.FirstLutheranOnalaska.org • office@firstlu.org  
608.783.2236 • Fax: 608.783.3741  
Office hours: Monday-Friday 8am-4pm

**Senior Pastor:** Jason Stanton  
jason@firstlu.org • 608.386.6431

**Associate Pastor:** Karyn Bodenschatz  
karyn@firstlu.org • 608.433.6002

**Vicar:** Tara Shilts, tara@firstlu.org

**Director of Hospitality:**  
Kathryn Pedretti, kathryn@firstlu.org

**Nursery Coordinator:**  
Cassie Carrell, nursery@firstlu.org

**Young Youth Coordinator  
& Sunday School Superintendent:**  
Beth Miller, beth@firstlu.org

**Confirmation Admin. Assistant:**  
Cindy Beach, cindy@firstlu.org

**Youth Director:** Jared Oelke, jared@firstlu.org

**Director of Small Group Ministry:**  
Bridget Crave, bridget@firstlu.org

**Director of Communications & Marketing:**  
Andrew Stutesman, andy@firstlu.org

**Head Custodian:** Mike Peper, mike@firstlu.org



## ANNOUNCEMENTS FOR SUN., JAN 28 & WED., JAN 31

**WELCOME GUESTS!**  
The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Welcome Center in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

**WELCOME CENTER HOSTS**  
Brandon King

**CONNECTION CARDS**  
Connection Cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a Connection Card each week,** complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for communion, or place it in the offering plate. Thanks!

**HOSPITALITY ACTION TEAMS**  
Coffee Servers: Tim & Karla Weihrouch, Beth & Shaun Gibbs; Treat Providers: Shirley Sacia, Deb Dinger, Jackie Grayburn, Jill Inge

## froljc

This group is for parents/guardians and their children ages birth to 3 years old, **and meets the last Sunday, at 9:15am in room 102.** We sing, dance, play, and pray together to learn ways to raise our little Christians in the home. We welcome newcomers all the time — join us!

## VOLUNTEER APPRECIATION PARTY!

A warm thank you! Why? To thank everyone for being Christ's hands and feet! **Sunday, Jan. 28, 11:45-1:30pm in Fellowship Hall.**

## FAITH ALIVE! U

Join other adults for an afternoon of exploring, questioning and learning about your faith. Faith Alive University takes place **Jan. 28 from 1-3:15pm**, following the volunteer appreciation party. You will have the opportunity to attend two 1-hour classes: *The Gospel According to Harry Potter, Bible 101, Comparative Religions*, and *Faith & Doubt*. Childcare will be available.

**PRAYERS OF THE PEOPLE**  
Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

*Baptismal blessings are extended to  
**Miles David Brown,**  
son of Matthew & Diana Brown*



# Sunday School

## Sunday, January 28

- Grade 2 Faith Building Block: What's Fair, lifted up in worship
- 9:15am Frolic! - Rm 102
- 9:15am Grade 4 Faith Building Block: Apostle's Creed (1st meeting, parents/guardians only) - Fellowship Hall
- 9:15am Sugar Creek Sunday School - SN

## Sunday, February 4

- 9:15am Sunday School
- 9:15am Grade 4 Faith Building Block: Apostle's Creed (2nd meeting, parents/guardians & child)

New registrations welcome any time of the year. Contact Sunday School superintendent Beth Miller at [sundayschool@firstlu.org](mailto:sundayschool@firstlu.org) or stop in the Sunday School office in room 206.

# CONFIRMATION

## Sunday, January 28

- 9:15am Gr 6 & 7 Bible Classes
- 9:15am Sacraments Class - TR

## Wednesday, January 31

- 7:00pm Gr 8 & 9 Small Groups

## PARENT SHARE:

### NOW MEETING SUN & TUES

Join Carla Stanton, member of First, certified spiritual director and mom of three, **in room 201 every Tuesday morning, 8:30-9:30am, or on Sunday mornings 9:15-10:15am.** At Parent Share, we pray and talk about raising our children faithfully. Childcare is available, too, during either session.

# Sip & Paint

**Thursday, February 1, 6:30-9:30pm** at First Lutheran in Fellowship Hall. Join in a fun evening of painting and visiting with others as Creative Canvas comes to First for a night of Sip & Paint. The instructor-led class requires no prior experience or special talents. Come and join in the fun! Cost: \$35 includes all materials. Bring: a beverage of your choice (and why not bring a friend, too!) *Sign-up now at [1stlu.org/sipnpaint](http://1stlu.org/sipnpaint)*

## ANNUAL REPORT AVAILABLE

In advance of First's Annual Potluck on **Sunday, Feb. 11**, the 2017 annual report will be mailed to all member households in an abbreviated, one-page format. A full, more in-depth annual report may be picked up at the Welcome Center or at the church office.

## NOMINATIONS FOR VISION & LEADERSHIP

*Nominations needed!* First Lutheran will elect two new members to the Vision & Leadership Team at the Annual Get-Together on **Feb. 11**. Read the following 'job' description, consider who you could nominate for this ministry, and email them to [jason@firstlu.org](mailto:jason@firstlu.org).

**POSITION SUMMARY:** As a servant to the ministry of First Lutheran Church and working in conjunction with pastoral leadership, is responsible for development of the congregation's mission and vision. Develops short- and long-term strategies for ensuring the spiritual and physical health and wellness of the congregation. Provides support to staff and congregation members to equip each member with skills to grow in faith and their own personal ministry.

## NEEDED: VOTING MEMBERS

The 2018 La Crosse Area Synod Assembly is **June 8-10 (Friday-Sunday)** at Western Technical College, in La Crosse. An elected voting member will need to attend the assembly & various pre-meetings. If you are interested in serving our Synod and congregation as one of First Lutheran's five voting members, contact Pastor Stanton or the church office. It's a great opportunity to be the church!

## ANNUAL POTLUCK!

All members are invited to First's Annual Potluck on **Sunday, February 11, at 11:45am**, where we will eat together and our kids will play together, all while the adults share our greatest faith stories from the past year. God is doing all kinds of things at First Lutheran, so our Annual Potluck will be a celebration of what has been and a look ahead to what will be. Save the date so you can share in the fun!

## BEFORE THE AFTER

Before the After is a planning tool to be used by anyone, any age, to outline your wishes, prepare and organize pertinent documents and eliminate possible tough decisions for your loved ones. Plan your Before the After, ask questions of knowledgeable individuals, open communication with family or friends and coordinate all your information in one place. **Tuesday, January 30, 6-8pm, in Fellowship Hall.** More info: [1stlu.org/b4after](http://1stlu.org/b4after).

## THIS WEEK: JAN 28-FEB 4

|         |  |
|---------|--|
| SUN 28  | <b>8:00am Worship</b><br>9:15am Gr 6 & 7 Bible Classes - Rm 207 & FS<br>9:15am Sacraments Confirm Cls - TR<br>9:15am Parent Share - UR<br>9:15am Sun Morning w/ Coffee Small Grp - MR<br>9:15am Frolic! - Rm 102<br>9:15am Gr 4 FBB: Apostle's Creed (1st Mtg, parents/guardians only) - FH<br>9:15am Sugar Creek Sunday - SN<br>10:30am Worship<br>11:45am Volunteer Appreciation Party - FH<br>1:00pm Faith Alive U - UR, FS, SN, 207<br>6:30pm High School Youth Grp 2.0 - MR |
| MON 29  | 6:00pm Stephen Ministry Class - MR<br>7:00pm AA - FS   |
| TUES 30 | 8:30am Parent Share - UR<br>9:00am Quilting - FS<br>1:15pm Staff Mtg<br>5:30pm Bells Practice - Sacristy<br>6:00pm Before the After - FH   |
| WED 31  | 6:00am Courageous Men's Bible Study - FS<br>6:30am Coffee w/ Pastor Karyn - Panera<br><b>6:15pm Worship</b><br>6:30pm Peer Ministry - MR<br>7:00pm Gr 8 & 9 Small Grps<br>7:00pm Choir Practice - SN   |
| THUR 1  | 9:00am Sunshine Boys<br>1:00pm Grief Support Grp - UR<br>6:30pm Sip & Paint - FH<br>7:00pm Women of the House Small Grp - House  |
| FRI 2   | 7:00pm AA - FH   |
| SAT 3   | 9:00am Wedding Workshop - SN & NX<br>10:00am Baptismal Preparation - NX  |
| SUN 4   | <b>8:00am Worship</b><br>9:15am Gr 6 & 7 Bible Classes - Rm 207 & FS<br>9:15am Lord's Prayer Confirm Cls<br>9:15am Parent Share - UR<br>9:15am Sun Morning w/ Coffee Small Grp - MR<br>9:15am Gr 4 FBB: Apostle's Creed (2nd Mtg, parents/guardians & child) - FH<br>9:15am Sunday School<br><b>10:30am Worship</b><br>11:45am Capital Campaign Steering Cmte - FS<br>6:30pm High School Youth Grp 2.0 - MR  |

**CALENDAR KEY:**  
CR = Choir Room    FBB = Faith Building Block    FH = Fellowship Hall  
FS = Fireside Room    MR = Mary Room    NX = Narthex  
SN = Sanctuary    TR = Thomas Room    UR = Upper Room

For more info, visit our website at [www.FirstLutheranOnAlaska.org](http://www.FirstLutheranOnAlaska.org)