

READINGS

For Sunday, July 1
Mark 5:21-43, A Girl Restored to Life and a Woman Healed
Pew Bible: 816 Spark Bible: 1106

PRAYERS & CARE

Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE

Members and visitors: our nursery is available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

Sunday attendant: XXX
Wednesday attendant: XXX

HOSPITAL REMINDERS

For Gundersen: be sure to alert the hospital of your church affiliation when they ask and they will then release your name to us when we call.
For Mayo/Franciscan Healthcare: it is important that you or a family member contact us directly at the church office: 608.783.2236. Mayo no longer gives out information regarding who is hospitalized.

Please make every effort to keep food and beverages in the narthex. Thanks!

SERVING:
Pastor Jason Stanton, Pastor Karyn Bodenschatz Organist: Gabe Hicks; Bread Baker: XXX

SUNDAY, JULY 1, 8:00AM
Acolytes: XXX; Communion Servers: Jenn Wiesjah, Randy Nedrelo; Reader: Jan Klimke; Ushers: XXX; Projection Leader: Rob Kranig

SUNDAY, JULY 1, 10:30AM
Acolytes: XXX; Communion Servers: Brandon King, Steve Thomas; Reader: Elizabeth McDonald; Ushers: XXX; Projection Leader: John Peterson

FIRST LUTHERAN CHURCH
410 Main St, Onalaska WI 54650
www.FirstLutheranOnalaska.org • office@firstlu.org
608.783.2236 • Fax: 608.783.3741
Office hours: Monday-Friday 8am-4pm

Senior Pastor: Jason Stanton
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Associate Pastor: Karyn Bodenschatz
karyn@firstlu.org • 608.433.6002

Vicar: Tara Shilts, tara@firstlu.org
Director of Hospitality:
Kathryn Pedretti, kathryn@firstlu.org

Nursery Coordinator:
Cassie Carrell, nursery@firstlu.org
Young Youth Coordinator & Sunday School Superintendent:
Beth Miller, beth@firstlu.org

Confirmation Admin. Assistant:
Cindy Beach, cindy@firstlu.org

Director of Small Group Ministry:
Bridget Crave, bridget@firstlu.org

Director of Communications & Marketing:
Andrew Stutesman, andy@firstlu.org

Head Custodian: Mike Peper, mike@firstlu.org



ANNOUNCEMENTS FOR SUNDAY, JULY 1

WELCOME GUESTS!
The 1,800 baptized members of First Lutheran hold hospitality to visitors among our greatest priorities. We understand that visiting a church can feel overwhelming. **Please know that ALL are welcome to worship, commune and participate in all church activities, programs and events.**

We hope you can make time to stop at the Welcome Center in the front entry where we have a gift for you. It's also a great place to ask questions, gather information and share ways that we may keep in touch with you. **We're glad you're here!**

WELCOME CENTER HOSTS
Meredith Hougen, Brian & Mary Narveson

CONNECTION CARDS
Connection Cards help the staff keep in touch with the needs of members and visitors alike. **Please fill out a Connection Card each week,** complete with prayer concerns and anything else you'd like the Pastors to know. Hand it to an usher on your way forward for communion, or place it in the offering plate. Thanks!

HOSPITALITY ACTION TEAMS
Coffee Servers: Tim & Jan Wells, Jan Klimke, Carol Skoy; Treat Providers: Jen & Kevin Loos

PARENT SHARE

Join Carla Stanton, member of First, certified spiritual director and mom of three, **in room 201 every Tuesday morning, 9-10am.** At Parent Share, we pray and talk about raising our children faithfully. Childcare is available, too, during either session.

NO WORSHIP ON JULY 4

The Fourth of July falls on a Wednesday this year, and there will be no worship service that day. The office will be closed on the Fourth.

SUGAR CREEK EXPLORER DAY

RESCHEDULED!

Sugar Creek has asked us to reschedule, so... for children entering grades 1-5, on **Thursday, July 12, 7:30am-4:15pm.** Why? Experience a day at Sugar Creek (a parent is welcome/preferred)! How: Carpool/van/bus from First Lutheran! Additional info: wear tennis shoes and bring swimsuit and towel. Snacks, lunch and water are provided! Cost: \$20. RSVP to beth@firstlu.org.

PRAYERS OF THE PEOPLE
Please take time before worship and go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

SUNSHINE BOYS

The Sunshine Boys serve at First on the first Thursday of each month; the next meeting will be **Thur., July 5, at 9am**. The Sunshine Boys are an informal group that performs a variety of necessary tasks around the church; such as grounds clean-up, minor repairs, and other small jobs. Rolls and coffee are supplied to replenish your reserves! Dues are free! Contact Mike, our custodian, with any questions: mike@firstlu.org.

froljc

This group is for parents/guardians and their children ages birth to 3 years old, **and meets the second Sunday, at 9:15am in room 102**. We sing, dance, play, and pray together to learn ways to raise our little Christians in the home. We welcome newcomers all the time—join us!

SUGAR CREEK VOLUNTEERS

Sugar Creek needs just a one more volunteer nurse, PA or doctor for the week of **July 8-13**. Medical staff volunteers receive one free week of camp for their own child, or they may gift the free week to someone else. Interested volunteers may contact us at: 608-734-3113 or camp@sgrcreek.org

CHURCH WOMEN UNITED

Human Rights Day, **July 10, 4:30–6pm**, here at First Lutheran, Onalaska. Potluck meal; bring donations for New Horizons. Vince Hatt will be speaking on human rights.

GIFTS OF IMPERFECTION

All are welcome to join a 6-week study of the first half of Brene Brown's book, *The Gifts of Imperfection*. Reading and thoughtful discussion required each week. Meeting as a group will include watching a video, discussion and sharing. Beth Miller will lead the group. **Wednesdays, July 11–Aug. 15, 7-8pm**. RSVP at 1stlu.org/brenebrown.

DRAWING FROM THE WELL

This group is for women of First and the greater La Crosse area seeking to support one another in their spiritual growth. We'll meet for lunch and conversation at **David Reay's at 11:30am, on Sat., July 14**, then head out for a hike for about an hour for those interested. Hike recommendations are welcome. Contact our Director of Small Group Ministry, Bridget Crave, for more info: bridget@firstlu.org.

VOLUNTEER APPRECIATION PICNIC

Flip flop 'til you drop! **July 15 from noon-2pm** at the first shelter in Rowe Park, for all volunteers who make Faith Alive! happen at First Lutheran. Please RSVP at 1stlu.org/VAP.

PADDLIN AT PETTIBONE

Always wanted to try paddleboarding or kayaking? Or looking to join some others from First Lutheran in a fun afternoon? **July 29, noon-4pm** is your chance to rent a paddleboard, kayak or canoe and paddle with other folks from First Lutheran. If fishing, Frisbee golf or watching others is more your thing, you can do that, too. We will meet at the Pettibone picnic shelter. This is for teens, adults of all ages, singles, families, friends, in

other words, everyone. Bring your own lunch, or order a box lunch in advance and we'll have it there. Costs: paddle board rental \$10, kayak and canoe rental \$7, box lunch \$7. Bring your own beverage. **Please RSVP at 1stlu.org/paddle**.

NURSERY ATTENDANTS

First Lutheran is seeking part-time nursery attendants. Nursery kids range from newborn through 4 years. These are paid positions. Inquire in the office, call 608.783.2236 or e-mail us at office@firstlu.org.

FAITH ALIVE VISITATIONS

A group of First Lutheran members have initiated a new Faith Alive mission. Their goal is to "keep-in-touch" with our fellow members who are home bound. The visitation team will keep Faith Alive with phone calls, home visits or by mailing notes to remind "at home" members that our church loves and cares about them. Please notify the church office at 608.783.2236 or office@firstlu.org if you're aware of an individual or care giver who is either long or short-term home bound.

CLOTHES CLOSET NEEDS

Swimming season is here — and that means swimsuits and shorts are in demand at the Clothes Closet. Do you have gently-used items ready to help teens have fun in the sun this summer? Drop them off in the donation hampers inside the entryway.

UPCOMING: JULY 1-11

SUN 1	8:00am Worship 10:30am Worship
MON 2	7:00pm AA - FS
TUES 3	9:00am Parent Share - UR 1:15pm Staff Mtg
WED 4	INDEPENDENCE DAY (OFFICE CLOSED, NO EVENING WORSHIP) 6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Panera 8:00pm Praise Band Rehearsal - SN
THUR 5	9:00am Sunshine Boys 7:00pm Women of the House Small Grp - House
FRI 6	7:00pm AA - FH
SUN 8	8:00am Worship 9:15am Frolic! - Rm 102 10:30am Worship 6:30pm Hospitality Leadership Team - NX
MON 9	7:00pm AA - FS
TUES 10	9:00am Parent Share - UR 1:15pm Staff Mtg 3:45pm Worship & Music Team - NX 6:30pm Stephen Ministry Mtg - MR
WED 11	6:00am Courageous Men's Bible Study - FS 6:30am Coffee w/ Pastor Karyn - Panera 12:00pm Finance Team Mtg 6:15pm Worship 7:00pm Gifts of Imperfection Small Grp 7:00pm Monthly Small Grp - UR

CALENDAR KEY:
CR = Choir Room FBB = Faith Building Block FH = Fellowship Hall
FS = Fireside Room MR = Mary Room NX = Narthex
SN = Sanctuary TR = Thomas Room UR = Upper Room

For more info, visit our website at www.FirstLutheranOnalaska.org



First Lutheran accepts one-time contributions electronically by credit/debit card. Use your mobile device to scan this QR code or go to 1stlu.org/give.

To learn more about these and other announcements, head to our website at www.FirstLutheranOnalaska.org

Share your Faith Alive! experience and tag your posts on Instagram, Twitter and Facebook with #faithalive365.